

January 4, 2018 • Volume 37 • Number 1 • eugeneweekly.com • FREE!

EUGENE  
WEEKLY

## BOUNCE BACK

TROY MONROE  
(AKA RX 80/20)  
BOUNCING ON  
COBURG ROAD

Photo by Todd Cooper

Alternative exercise  
for a new year

PAGE 12

# BARGAINS OF THE MONTH®

**HOT DEAL!**  
**19.99**

47 lb. Dry Dog Food  
H 161096 1  
While supplies last.



**HOT DEAL!**  
**YOUR CHOICE**  
**7.99**

4-pk. LED Bulbs  
E 234 698, 699, 700, 704 B12  
While supplies last.



**SAVE 40%  
OR MORE**  
**49.99**

30,000 BTU Tank Top  
Propane Heater  
T 225 383 4 While supplies last.



**YOUR CHOICE**  
**4.99**

10 lb. Black Oil  
Sunflower Bird Seed  
L 106 118 1  
20 lb. Wild Bird Food  
L 501 272 1  
While supplies last.



**HOT DEAL!**  
**YOUR CHOICE**  
**12.99**

16-pk. AA or AAA  
Batteries E 137 963, 962 B12  
SALE  
YOUR CHOICE  
8-pk. Alkaline Batteries  
C, D or 4 pk. 9V, 13.99  
E 850 605, 633, 674  
While supplies last.



**HOT DEAL!**  
**YOUR CHOICE**  
**9.99**

Filtrete® Allergen  
Defense Filters  
F 395 830, 913, 396 143, 291 F6  
While supplies last.



January18 BOM Ad

**Eugene True Value Hardware**

2825 Willamette  
Eugene, OR  
(541) 342-5191

[www.truevalue.com/Eugene](http://www.truevalue.com/Eugene)

BEHIND EVERY PROJECT IS A  
**True Value®**

Sale ends 1/31/2018

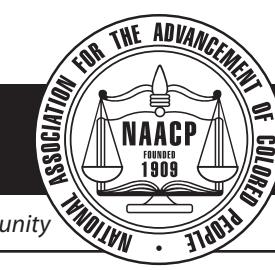
©2017 True Value® Company. All rights reserved.

Find the right products for your project and expert advice at True Value®.

# JUMP START YOUR NEW YEAR'S FITNESS ROUTINE

More than 60 small group classes every week!

Personal Training • Interval Training • Pilates •  
Broga • Boxing/Kickboxing • Total Barre™ •  
CoreAlign® • and more!



**EUGENE**

Supporting a Unified Community

**SPRINGFIELD**

Equality & Dignity for All People

## Oregon Ballot Measure 101:

Join us with a YES vote for Healthcare for All Children

The mission of the NAACP is to ensure the political, educational, social, and economic equality of rights of all persons and to eliminate race-based discrimination. In Lane County, primary activities include implementation of education programs and events for public awareness and community building. The Eugene Springfield NAACP also coordinates institutional collaborations to increase cultural inclusion.

**Visit our office at the Historical Mims House**

330 High Street, Eugene • 10am to 1pm • Monday - Friday

## Join Us For

### 32nd Annual MLK March

Monday, January 15, 2018 • 9am - 12pm

In partnership with UO, City of Eugene and Lane County, NAACP welcomes the community to the 89th birthday celebration of Dr. Martin Luther King, Jr.

9am: Congregate at North gate of Autzen Stadium  
9am-10am: Kickoff ceremonies, bus pass give-away, t-shirts, membership signup

10am-11am: March from Autzen Stadium to The Shedd Institute

11am-12pm: Community-based program featuring local leaders and the NAACP youth council

1:30pm Springfield March: Meet at Springfield City Hall

### Freedom Fund Dinner

Friday, February 16, 2018 • 6pm to 9pm, Valley River Inn

Register now at [naacpfreedom2018.eventbrite.com](http://naacpfreedom2018.eventbrite.com)

[naacplanecounty.org](http://naacplanecounty.org)

**evolve**  
FITNESS STUDIOS  
elevate • empower • excel

**50% OFF**

**6-Month Pro Memberships  
for the first 18 members in 2018!**

**Call Today! 541-844-1295**

Limited time offer. New members only.

**evolve**  
FITNESS STUDIOS

Located in Downtown Eugene at the corner of Ferry St & East 11th Ave  
488 East 11th Ave (downstairs) • Eugene, OR 97401  
541-844-1295 • [evolvefitstudios.com](http://evolvefitstudios.com)

# CONTENTS

JANUARY 4, - JANUARY 11 2018

- 4 Letters
- 8 News
- 10 Slant
- 12 Health
- 16 Calendar
- 21 Galleries
- 22 Music
- 24 Visual Arts
- 25 Classifieds
- 27 Savage Love

PHOTO: Jonathan "Gorilla" Morton

## ONE DOLLAR CHECK



## WHO YOU GONNA BLAME?

### EDITORIAL

EDITOR Camilla Mortensen

ARTS EDITOR Bob Keefer

CALENDAR EDITOR Meerah Powell

NEWS REPORTERS Corinna Boyer, Kelly Kenoyer

SENIOR STAFF WRITER Rick Levin

COPY EDITOR Emily Dunnan

CONTRIBUTING EDITOR Anita Johnson

CONTRIBUTING WRITERS Blake Andrews, Ester Barkai, Brett Campbell, Rachael Carnes, Tony Corcoran, Jerry Diethelm, Emily Dunnan, Rachel Foster, Mark Harris, Kenny Jacoby, William Kennedy, Jeslyn Lemke, Paul Neevel, Kelsey Anne Rankin, Vanessa Salvia, Carl Segerstrom, Ted Taylor, Molly Templeton, David Wagner, Robert Warren

INTERNS Matthew Denis, Hunter McNie, Jordan Rich, Morgan Theophil, Max Thornberry

### ART DEPARTMENT

ART DIRECTOR/PRODUCTION MANAGER Todd Cooper

TECHNOLOGY/WEBMASTER James Bateman

GRAPHIC ARTISTS Trask Bedortha, Sarah Decker

CONTRIBUTING PHOTOGRAPHER Paul Neevel

SOCIAL MEDIA Athena Delene

### ADVERTISING

DIRECTOR OF ADVERTISING Rob Weiss

DISPLAY MARKETING CONSULTANTS Carrie Mizejewski, David Fried

CLASSIFIED MANAGER Cecilia Shipley

### BUSINESS

BUSINESS MANAGER AND HR Paula Hoemann

DISTRIBUTORS Bob Becker, Pedaler's Express, James Kalafus, Trey Longstreth, Mike Goodwin, Quick Draw, Gwen Bailey, Liz Levin, Janet Peitz

PRINTING Signature Graphics

### HOW TO REACH US BY E-MAIL

[editor]: editor@eugeneweekly.com  
[letters]: letters@eugeneweekly.com  
[nitpicking]: copyeditor@eugeneweekly.com  
[advertising]: ads@eugeneweekly.com  
[classifieds]: classy@eugeneweekly.com  
[I saw you]: isawyou@eugeneweekly.com  
[calendar listings]: cal@eugeneweekly.com  
[music/clubs/special shows]: music@eugeneweekly.com  
[art/openings/galleries]: visualarts@eugeneweekly.com  
[performance/theater]: performance@eugeneweekly.com  
[literary arts/readings]: books@eugeneweekly.com  
[movies/film screenings]: movies@eugeneweekly.com  
[EW red boxes]: circulation@eugeneweekly.com  
[food]: chow@eugeneweekly.com  
[bizbeat]: bizbeat@eugeneweekly.com

### EUGENE WEEKLY OFFICE

1251 LINCOLN ST. EUGENE, OR 97401  
541-484-0519 • FAX 541-484-4044

EW subscriptions: send name, address and check to  
1251 Lincoln St., Eugene, OR 97401-3418.  
\$25/3 mos. \$45/6 mos. \$85/12 mos. Printed on recycled paper.  
Eugene Weekly is published every Thursday by What's Happening Inc.  
Five free copies maximum per person from newsrack.

Postmaster: Send address changes to Eugene Weekly,  
1251 Lincoln St., Eugene, OR 97401-3418.  
©2016 What's Happening Inc. All rights reserved.



## Freedom Heart Wellness

A holistic approach to health coaching, designed to motivate & get you on your path to living a happy, sexy, healthy life. It's time for you to THRIVE!!!

Call for your consultation now:  
Nicole Baldridge  
Certified Holistic Health Coach  
808-436-4194  
nicole@freedomheartwellness.com  
www.freedomheartwellness.com





Congratulations, MaryAnn!



BEFORE AFTER



PeaceHealth patient, MaryAnn, is on the path to a brighter future after weight loss surgery.

# Love your new life

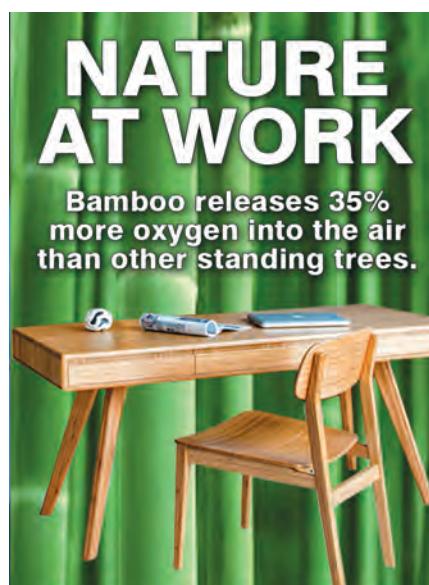
Losing weight can help you move well, breathe easier and reverse some health conditions. What's not to love?

- Weight loss surgery
- Nutrition counseling
- Accredited for national surgical quality

[peacehealth.org/weight-oregon](http://peacehealth.org/weight-oregon)



PeaceHealth



## NATURE AT WORK

Bamboo releases 35% more oxygen into the air than other standing trees.

Discover our beautiful selection of furniture made from fast-growing, sustainable forests.

**EDGEWATER**  
FURNITURE & MATTRESS  
155 DIVISION AVE • 541-484-1962

**THE ONLY GOOD REPUBLICAN**

In the recent edition, you print an editorial urging the ouster of Greg Walden from Congress (12/4). But then you give Pat Farr, an equally evil Republican, a nice photo op where he pretends to give a shit about homeless people.

The only good Republican is a defeated Republican. Please don't give these scumbags any positive press.

Doug Hintz  
Eugene

**PICK YOUR BATTLES**

The controversy over the Jesus banner downtown is a distraction. There are bigger fish to fry.

Suppose the opponents of the banner were to prevail and get it taken down, then what? The "fake president" is still in the White House. Racists, Nazis and misogynists corrupt the national discourse. Greedy corporations rob the people and degrade the environment.

However imperfect, our system of government of, by and for the people has been a force for good. But we the people have gotten lazy and let lobbyists, gas-lighters and criminals corrupt and dominate the system. It will take a mighty effort from all quarters of society to take it back.

Whatever your issue with organized religion, you must remember there are plenty of Christians who believe in equality and social justice. Instead of alienating them, let's join with them to fight the greater evil.

Brook Adams  
Eugene

**POLITICAL MANIPULATION**

Bonny Bettman McCornack opposed the 2015 library levy tax increase: "The library is like mom and apple pie ... difficult to speak against. ... but I don't like being manipulated," KLCC 8/28/15.

Emily Semple opposed the library levy tax ... "when so many people are homeless," KLCC 8/28/15.

Now McCornack advocates for an elected city auditor, a tax increase of a reported \$600,000 per year and a reach up to ... well, nobody seems to know where its authority stops.

A tax increase! How else to cover this chunk of money subtracted from a zero-sum city budget with only a hope for payback. Worse than a levy. Semple is not taking a position regarding this imposing tax, this time, even when so many more people are homeless.

The auditor issue may not be "mom and apple pie," but it's being marketed as such in what is, I believe, a Eugene "political family feud," to gain control of city government from this City Council, future councils and the city manager. And, the über-auditor can itself be audited, only by another election. Think about that!

I stand with Bonny Bettman McCornack: "I don't like being manipulated."

Richard Guske  
Eugene

**GREED REIGNS SUPREME**

Debra McGee's letter "Merkley Listens" (12/21) ignores the fact that Sen. Jeff

Merkley believes we should not burn fossil fuels for energy; we should burn the human food supply instead. That is the perverse logic of our political establishment that thinks it was a dandy idea to make cars and trucks our competitors for food in a world where more than one-third of the human population is severely malnourished.

Global biofuel farming has raised the cost of fertilizer, farmland and food all over the world. Malnutrition is the world's foremost cause of avoidable premature death, and the primary cause of avoidable mental retardation in children.

Biofuel farming is eroding away the last remaining half of our prime Midwest topsoil, helping kill off the bees through increased pesticide use, and increases both water and air pollution while giving us lower gas mileage and more engine repair bills.

It takes lots of fossil fuels to produce ethanol and biodiesel, so the idea that biofuels are a viable alternative to fossil fuels is beyond insanity.

The biofuel industry is powered by empty-headed green symbolism and massive corporate greed.

Christopher Calder  
Eugene

**NORTH KOREAN PLANT**

I hear that Jon Ruiz is banishing the image of Garrison Keiller, just to be on the safe side?

I contacted Minnesota public broadcasting to learn the full extent of Garri-

son's transgressions. I was informed that all of this has been worked out in a secret trial. His sexual misconduct must have been so grave that a sensitive person such as myself might suffer a stroke if exposed to the details.

I always thought secret trials were not the American way of doing things. Convicting the accused based on secret evidence and that sort of thing: that's the sort of thing that goes on in North Korea, isn't it?

Golly, now I am beginning to wonder if Jon Ruiz might not be a covert North Korean agent. I better copy this letter to Mayor Lucy Vinis so that she can protect us from civil servants who might be communist plants.

I doubt that Ruiz really is a North Korean agent, but we should err on the side of caution.

I know that the *Eugene Weekly* policy is that letters to the editor should be signed. But I think this is a special case: One does not want to risk getting on the wrong side of the North Korean secret service for sure!

And yet our mayor really should be warned of possible communist evildoers who might be hiding in plain sight in our city's bureaucracy.

Anonymous author, forwarded by  
Paul Nicholson  
Eugene

**A CINEMATIC PROPOSAL**

Long ago, when I was a kid, there were lots of drive-in movies but very few home-



**EMERALD VALLEY WEATHERIZATION**

Lane County's Comfort & Savings Specialists

148 14th St. • Springfield • 541-726-1027 CCB#105404

**\$100.00 OFF**  
Ductless Heat Pump Installation or 6 or More Windows  
Some restrictions apply • Expires March 31, 2018

**DAIKIN** **Milgard**

**LEGO® SETS MINIFIGS BRICKS**

**BRICKS & MINIFIGS™ REBUILD, REUSE, REIMAGINE!**

780 Blair Boulevard, Eugene (541) 225-4981

**\$5 OFF**

With purchase of \$25 or more. Expires 2/28/2018. Not valid with any other offer.

Merkley believes we should not burn fossil fuels for energy; we should burn the human food supply instead. That is the perverse logic of our political establishment that thinks it was a dandy idea to make cars and trucks our competitors for food in a world where more than one-third of the human population is severely malnourished.

Global biofuel farming has raised the cost of fertilizer, farmland and food all over the world. Malnutrition is the world's foremost cause of avoidable premature death, and the primary cause of avoidable mental retardation in children.

Biofuel farming is eroding away the last remaining half of our prime Midwest topsoil, helping kill off the bees through increased pesticide use, and increases both water and air pollution while giving us lower gas mileage and more engine repair bills.

It takes lots of fossil fuels to produce ethanol and biodiesel, so the idea that biofuels are a viable alternative to fossil fuels is beyond insanity.

The biofuel industry is powered by empty-headed green symbolism and massive corporate greed.

Christopher Calder  
Eugene

**NORTH KOREAN PLANT**

I hear that Jon Ruiz is banishing the image of Garrison Keiller, just to be on the safe side?

I contacted Minnesota public broadcasting to learn the full extent of Garri-

**shoe·a·holic**

**RUN FOR YOUR LIFE!**  
RUN • WALK • CROSS TRAIN • HIKE

**20% OFF** ATHLETIC SHOES  
REGULAR PRICE  
SOME LIMITATIONS APPLY  
EXPIRES 1/31/18

**f** 957 Willamette St • 541-687-0898

**ONSEN**  
Spa and Sauna Rentals

**\$4 OFF**  
HOT TUB & SAUNA RENTALS  
with this coupon

1883 Garden Ave. , Eugene (one block North of Franklin Blvd.)  
Call for Reservations 345-9048 | [www.onsenpas.com](http://www.onsenpas.com)

**HIPPIE HEMP**  
- a hemp boutique -

FREE Hippie Hemp tote bag to the first 15 customers who spend \$25 or more  
must present coupon

187 E. Broadway  
Eugene, OR 97401  
541-225-4811

**f** @HIPPIEHMPPLLC **HIPPIEHMPPLLC.COM** **@HIPPIEHMPPLLC**

## THIS MODERN WORLD

### THE DEBATE

I COMPLETELY DISAGREE WITH YOUR OPINION--

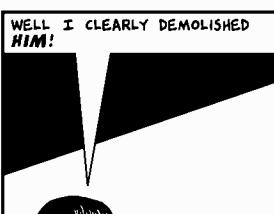


--AND I LOOK FORWARD TO THE DAY YOU DIE A HORRIBLE DEATH SO I CAN URINATE ON YOUR GRAVE!



by TOM TOMORROW

HA HA HA! I GUESS I REALLY STRUCK A NERVE!



TOMORROW©2018

less people. Now that situation has been completely reversed. Is there a connection?

Perhaps not, but consider this: Many homeless people can't afford housing but they can afford a car, so they wind up living in one. The problem with living in a car is where to park it without it being ticketed and towed.

The solution? Free drive-in movies for the homeless!

With adequate funding, free drive-ins could provide safe parking places for the homeless, plus they could watch movies.

We might not be able to recreate the full '50s drive-in experience, but we could employ some modern-day updates.

Instead of having a big movie screen, for example, we could provide free wi-fi and Netflix so the homeless could watch movies in their cars on their phones. Instead of having to build a snack bar with restrooms, provide food trucks and port-a-potties.

Wouldn't these free drive-ins be better than what the homeless are faced with now?

Where to put free drive-ins in Eugene? Small ones wouldn't need much space. How about starting with the empty City Hall lot? We might as well get some use out of it.

Randy Stenersen  
Eugene

## BERNIE'S LEGACY LIVES ON

A group derived from the activism that sprang up simultaneously or because of Bernie Sanders' attempt to gain the presidency now meets weekly on Saturdays at 11 am at Theo's. "Our Revolution Lane County" discusses all the topics that shone more brightly in the populace's minds before, during and after the 2016 election.

The causes and perspectives discussed consistently for 40 years by Sanders are now talked about and organized around in the cafe/pizza place by people who saw something positive in them and now want the message to spread.

Many distinguished guests have graced our meetings, including Sen. James Manning, Rep. Julie Fahey and Eugene's longest-

running and hardest working-groups like Health Care for All Oregon, Eugene Springfield Solidarity Network, The Pacific Green Party, the Democratic Party and 350.org.

Right now we are working for the yes vote on Measure 101 on Jan. 23, with the goal of eventually having universal health coverage. We supported the AFSCME strikers who unfortunately didn't achieve their aim but got some notoriety.

A direct action taken on Dec. 7 by ORLC was a rally to protect net neutrality. It was carried out in front of Verizon on Coburg Road because they, like AT&T and Comcast, want to monopolize and privatize cyberspace.

If you care about the people and the remaining life forms that we live on this planet with, come share your words and ideas with us.

David Ivan Piccioni  
Eugene

## CHUCK IT ALL

Just asking, but could it be that Stephen Paddock, the man who killed 58 people and injured hundreds in Las Vegas last October, and Donald Trump — the man who thinks that some neo-Nazis are "good people," that radical right-wing video material is worthy of endorsement by the president of the United States, that the only thing Israel and Palestine need is a good real estate broker and that the environment is simply there to be polluted — have something essential in common?

Perhaps there are some people who are of the opinion that the entire enterprise of life, liberty and realization of human potential is just not very interesting anymore, and that it is now time to unceremoniously chuck the whole thing.

After all: Why not?

Stephen Slater  
Eugene

**LETTERS POLICY:** We welcome letters on all topics and will print as many as space allows, with priority given to timely local issues. Please limit length to 200 words and include your address and phone number for our files. Email to [letters@eugeneweekly.com](mailto:letters@eugeneweekly.com), fax to 484-4044 or mail to 1251 Lincoln, Eugene 97401.

## The Shedd Institute

[www.theshedd.org](http://www.theshedd.org) - 541.434.7000

The Eye Center  
John H. Haines, MD  
Kent A. Karren, MD



Jan 11

## Keola Beamer Henry Kapono



Jan 13

## Victor Wooten Trio



Jan 19

## The Latin Side of Trane, Miles & Monk

### Next at The Shedd

| full schedule: [theshedd.org](http://theshedd.org) |

1.20 Blues Harmonica Blowout	2.12 Chamber Music Amici
1.24 Ladysmith Black Mambazo	2.16 Tommy Castro
1.25 David Grisman Quintet	2.17 Bill Frisell & Thomas Morgan
2.1-11 The Jazz Kings: A Pocketful of Dreams: Bing Crosby	2.21 Lisa Fischer & Grand Baton
2.3 Corky Siegel's Chamber Blues	2.23 Honey Whiskey Trio
2.6 Chick Corea (2 shows)	2.24 A Night of Vocal Arts 2018
2.7 Chico Schwall: Uncle Dave Macon & Sister Rosetta Tharpe	2.28 Masters of Hawaiian Music
2.10 Moombah! The Search for Pie Town	3.1 Taj Mahal Trio
	3.3 Martha Redbone
	3.4 the microphilharmonic: Woodwind Octets

WINNER 9 TONY AWARDS® INCLUDING BEST MUSICAL



“THE  
**BEST**  
MUSICAL OF THIS CENTURY”  
— THE NEW YORK TIMES BEN BRANTLEY  
MAKES THE BEST HOLIDAY  
**GIFT EVER.**

*let it snow, let it snow, see the show.*

**JANUARY 16-21 \* HULT CENTER**

**541.682.5000 \* BROADWAYINEUGENE.COM**

THE BOOK OF  
**MORMON**



**The Heart of Rescue**

541-782-8467 theheartofrescue@yahoo.com

**Toby**

A gentle little soul. He is happy to curl up in his favorite blanket or bed or to go on walks. He weighs 9 lbs and is approximately 9 years old. Toby is neutered, fully vaccinated and microchipped.

**Safe Haven Humane Society:**

Email: info@safehavenhuman.org • 541-928-2789

**Mason**

Looking for a sweetheart of a dog that will give love for years to come? My name is Mason and I would be an awesome choice! I am active, playful and affectionate and I would thrive in a home with older children. I want to be your only pet and would do best with no other dogs or cats.

SPONSORED BY: The Home Team /  
Bottles & Cans for Homeless Pets**Peaceful Pack Rescue**

peacefulpackrescue@gmail.com • 541-285-4804



**Sebastian**  
A handsome Boxer mix. A mellow guy, only 1yr old and weighs 28 lbs. He's had a rough first year, so he'd like a new family that will love him for the cool guy he is. Good with kids, cats.

SPONSORED BY:  
The Home Team**Connecting w/K9's Training & Rescue**

541-744-6697 Connectingwithk9s@gmail.com



**Jessie**  
A 1 year old Border Collie that needs a job. She is an active girl that enjoys agility, swimming, walks, hikes and playing with big dog friends. No Cats! She is very shy and needs a quiet, patient home with no small children.

SPONSORED BY:  
In Loving Memory of Rick Hammond**Loved Again Pets**

lovedagainpets@yahoo.com • 541-510-0255



**Martin**  
The sweetest boy! He's about 5 years old and pretty mellow. His jaw was broken at some time and healed crooked, but this does not hinder his eating. He loves kids and would be a wonderful family dog!

SPONSORED BY: Main Street Mini Storage  
www.mainstministorage.com**SevaDog Rescue**

Email: mandy@sevadog.org • 541-731-2930



**Max and Lucy**  
A bonded pair who touch your heart with their shy but young pup curiosity. They need a gentle home to continue their progress. Wonderful with dogs and people.

SPONSORED BY:  
Sue Mandeville

# LANE RESCUES

This ad showcases 20 homeless animals from 13 rescue groups &amp; shelters

**CAT RESCUE AND ADOPTION NETWORK - SAFE HAVEN HUMANE SOCIETY****THE HEART OF RESCUE - OREGON COAST HUMANE SOCIETY - GREENHILL HUMANE SOCIETY****RED BARN RABBIT RESCUE - PEACEFUL PACK RESCUE - SEVADOG - SARA'S TREASURES****OREGON HORSE RESCUE - CONNECTING W/K9'S RESCUE - LOVED AGAIN PETS****Safe Haven Humane Society:**

Email: info@safehavenhuman.org • 541-928-2789

**Addy**

I would be a great buddy for your older children. I am loving, active, affectionate and curious. I arrived at SafeHaven when my owners had to move and I could not go with them.

SPONSORED BY:  
Professional Bookkeeping Services**Cat Rescue and Adoption (CRAN)**

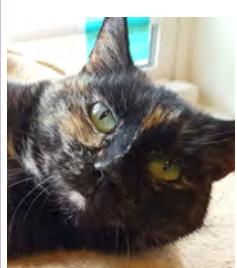
adoptinfo@catrescues.org 541-225-4955

**Logan and Lucas**

5 month old adorable, sweet and playful bonded brothers who were raised in the streets seek a quiet home to continue lessons on interacting with the human species. They love playing, purring, and pets.

SPONSORED BY:  
In honor of Parker, much loved and sorely missed**Cat Rescue and Adoption (CRAN)**

adoptinfo@catrescues.org 541-225-4955

**Etta**

Sweet senior gal looking for long conversations, naps, pets and a lap to cuddle in during the long winter nights. Etta has had a rough life but doesn't dwell on it. She is very optimistic and knows her forever person will find her.

SPONSORED BY: Main Street Mini Storage  
www.mainstministorage.com**Peaceful Pack Rescue**

peacefulpackrescue@gmail.com • 541-285-4804

**Max**

A pretty Eskie or Pom mix. He's approx. 22 lbs and 2yrs old. Active guy is smart and wants to learn fun stuff. Fussy with bossy male dogs. To donate for our vetting, please go to www. Peacefulpackrescue.org

SPONSORED BY: In appreciation for all that  
Robyn Broadbent does for each of her rescues**Oregon Horse Rescue**

541-520-0371 oregonhorserescueandrehab@gmail.com

**Lady**

This 20-year-old sound Arabian mare is sweet and outgoing, and would make a wonderful sure-footed trail horse. She's only green broke, but has never tried to buck or rear under saddle. She most definitely does not show her age.

SPONSORED BY:  
Shirley Kuebler**Oregon Horse Rescue**

541-520-0371 oregonhorserescueandrehab@gmail.com

**Luci**

A beautiful, sweet 12 year old Arabian mare. She is very responsive to cues, and will dead-stop with just one word. She has a nice walk/trot/canter under saddle. Luci really likes being groomed.

SPONSORED BY:  
Lisa Pappas & Kim Russo**Loved Again Pets**

lovedagainpets@yahoo.com • 541-510-0255

**Lucky**

A 2 yr Pit Bull that loves to cuddle and would love kids to play with. He is a strong willed boy that needs a good leader. He likes other big dogs. No cats! He enjoys car rides, walks and new adventures.

SPONSORED BY:  
In Loving Memory of Pat Hammond**Loved Again Pets**

lovedagainpets@yahoo.com • 541-510-0255

**Charlie**

An adorable 10 year old golden retriever mix. He's looking for a companion who will spend most of their time with him and take him along for adventures. He's deaf and bonds very quickly to his person. Let us know if you'd like to meet Charlie.

SPONSORED BY:  
In Loving Memory of Ted Hammond**Loved Again Pets**

lovedagainpets@yahoo.com • 541-510-0255



**Sparky**  
6 lbs. and is 14 years young. This toothless cutie is sweet snuggler and is partially blind. He just had his bloodwork and dental done and everything came out normal. He gets along great with other dogs and would be a wonderful addition to most quiet homes.

**SevaDog Rescue**

Email: mandy@sevadog.org • 541-731-2930

**Baby**

I will be your number one fan with her adoring nature. An only dog with impeccable manners. Perfect for any family.

SPONSORED BY:  
The Home Team**SevaDog Rescue**

Email: mandy@sevadog.org • 541-731-2930

**Victor**

A deep soul with an angelic energy. He's deaf and learning to be a house dog after 7 years of living on a chain. Good karma adoption!

SPONSORED BY:  
The Home Team**SevaDog Rescue**

Email: mandy@sevadog.org • 541-731-2930



**Max and Lucy**  
A bonded pair who touch your heart with their shy but young pup curiosity. They need a gentle home to continue their progress. Wonderful with dogs and people.

SPONSORED BY:  
Sue Mandeville**SevaDog Rescue**

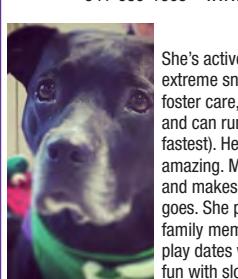
Email: mandy@sevadog.org • 541-731-2930



**Mila**  
The senior rat terrier is 5 pounds of sassy! She can walk on just two paws! And makes a wonderful companion.

SPONSORED BY:  
Deanna and Ron Kuhn**Greenhill Humane Society**

541-689-1503 • www.green-hill.org



**Maya**  
She's active, fun loving, and an extreme snuggle-bug. Currently in foster care, she can jump the highest and can run for the longest (and the fastest). Her ball catching skills are amazing. Maya is a big fan of people and makes friends wherever she goes. She prefers to be the only furry family member in her new home, but play dates with other dogs could be fun with slow introductions

SPONSORED BY:  
Denney Herr**First Avenue Shelter**

541-844-1777 • www.green-hill.org



**Olive and Oprah**  
Sisters who have been recently surrendered to escape domestic violence. It was heartbreaking for their hu-mom to say goodbye, but she did so knowing they would be safe and well cared for until a new family could be found. These two plus-size gals have hearts to match their physique. Both are very affectionate, love to cuddle, appreciate a good brushing, and thoroughly enjoy the company of people. Must be adopted together!

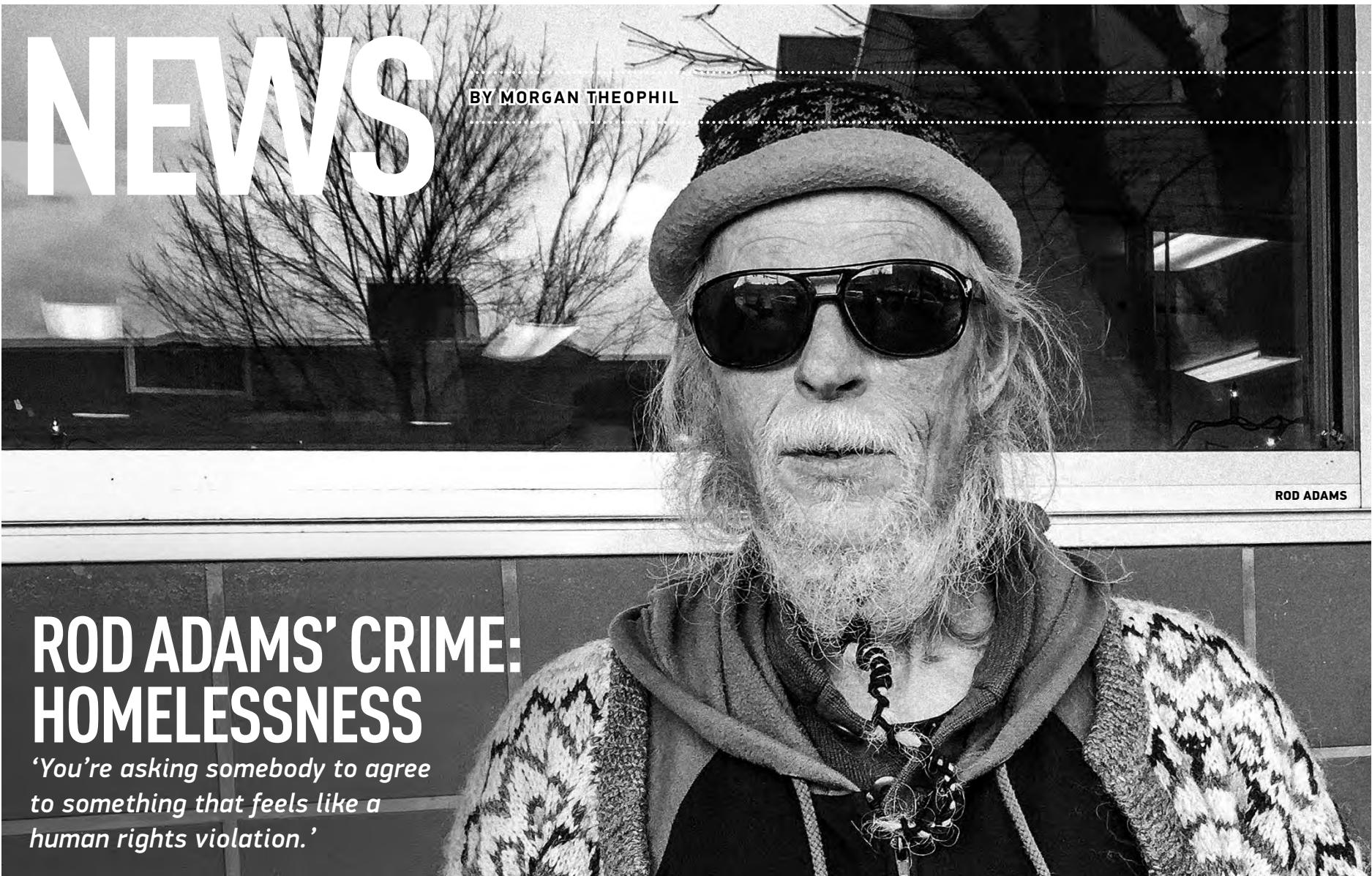
SPONSORED BY:  
In Loving Memory of KC Kitty Cakes

Donations are greatly appreciated to keep this ad running each month

Please visit [www.lanerescues.com](http://www.lanerescues.com) to donate or call 541-525-0579

# NEWS

BY MORGAN THEOPHIL



## ROD ADAMS' CRIME: HOMELESSNESS

*'You're asking somebody to agree to something that feels like a human rights violation.'*

**O**n Dec. 20, a small crowd of supporters once again followed Rod Adams to the Eugene Municipal Court as he faced sentencing for criminal trespass by sleeping near buildings on the city's sidewalks.

As a homeless man who has been ticketed or arrested more than 40 times in Eugene for a variety of minor, non-violent crimes during the past nine years, Adams has been taking his cases to trial to start a conversation about the criminalization of homelessness.

Adams himself is a controversial figure who often videos police interactions; he also criticizes some of the advocates and groups who seek to help the unhoused.

Attorney Joseph Connelly represented Adams at sentencing for a conviction of criminal trespass (see *Eugene Weekly* 12/14/2017) and for a probation violation from a separate criminal trespass case that went to trial Nov. 15 (EW 11/22/2017).

But Adams was also assigned a new attorney, Andrew Kraushaar, who will represent him in late January on multiple counts of criminal trespass in the second degree and disorderly conduct.

At the start of the sentencing hearing, Connelly and Judge Richard Fredericks discussed the counter-productivity of jailing Adams time and time again. "Putting him in jail is probably costing the city more money and resources than just putting him in an apartment," Connelly said.

The judge agreed and acknowledged his change in thinking since his previous sentencing of one year of probation and seven days in jail if the probation was violated.

"The point is that in all of these cases, Adams always gets up, cleans up and moves on," Connelly said. "It would not be a ridiculous suggestion to ask police to simply wake people like Mr. Adams up, ask him to move on and just let him go."

Arwen Maas-DeSpain, who works with Occupy Medical and Carry it Forward — two organizations that directly help the homeless in Eugene — spoke at the hearing about the lack of available resources for Adams and the homeless community at large. Maas-DeSpain was not allowed to speak at Adam's first trial, where that judge also did not allow the issue of homelessness to be addressed.

Maas-DeSpain testified that, more often than not, all services in Lane County, and specifically those for veterans that Fredericks has asked Adams to look into, require two things: The person must be homeless and must have been diagnosed with a mental or physical illness.

Adams, she said, does not need or want to be diagnosed with a mental or physical illness, making him ineligible for those services.

"Rod to me represents a bit of the population that falls through the cracks in our available resources in our community," Maas-DeSpain said. "He just ends up not fitting into the criteria for most of the programs here."

Further, even if Adams did agree to saying that he has an illness, all programs include some level of case management — essentially a manager coming in to check up on the person, doing anything from enforcing a curfew to consistently checking in — something Adams says he should not have to agree to.

"It's a matter of human dignity — he's looking at what he'd have to, or be forced to, give up by taking part in the services our city provides," Connelly said.

"Let me ask you this: Could Mr. Adams become housed if he would merely go through the steps that are required for the case management criteria?" Fredericks asked. "It seems that way to me, and maybe I'm wrong, but it seems like he just won't do it."

"That's a little bit of a trick question," Maas-DeSpain answered. "You're asking somebody to agree to something that feels like a human rights violation — giving up his freedom."

The judge said he's been working intently on this case outside of the courtroom, and that there is no easy answer to the issue at hand. He said Adams' choice-of-evils defense would fail in his courtroom, but it might prevail on appeal to a higher court.

Adams has been appealing his criminal trespass convictions in hopes of tackling this issue at a different level.

"We just haven't been able to talk about homelessness, which doesn't feel like justice to me," Maas-DeSpain said. "If there are ways to allow that talk to happen, then something different might happen here."

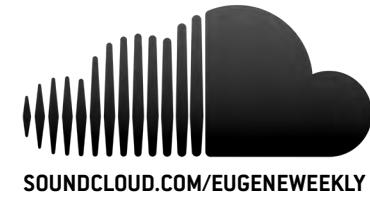
Fredericks sentenced Adams to four days in jail, two for each count of criminal trespass, and one year of probation. Adams will be represented by Kraushaar on Jan. 31 at his trial for criminal trespass in the second degree and disorderly conduct. ■



Love reading  
Eugene Weekly?  
Now you can listen  
to it too!

WHAT'S  
HAPPENING  
PODCAST

Check out our  
new podcast  
highlighting  
EW stories.



SOUNDCLOUD.COM/EUGENEWEEKLY

# IT'S ABOUT TIME

BY DAVID WAGNER

The turn of the calendar year comes, not coincidentally, at the turn of the solar year. It would be appropriate to celebrate New Year's Day the day after winter solstice. The solstices are milestones in the cycle of nature, not end and starting points.

The peak of gray whale southward migration that began last month continues for a week or two in January. The mosses that began their new growth with October rains are developing reproductive branches. Spring flowering plants have leaves emerging from the ground and buds swelling on tips of twigs. Cold, rainy days give us reason to move slowly and contemplate.

Now is a good time to ponder that a century ago Einstein was polishing up his relativity theories of

the cosmos that bracket the universe, from infinitesimally small to unimaginably expansive.

Just over a century and a half ago Darwin published the theory of evolution by natural selection. These are the fundamental theories of science that give us our deepest understanding of the real world. Natural history — recording direct observation of nature around us — remains, in my view, at the core of our common science experience.

Personal knowledge of nature being transmitted from one generation to the next by learning about the real, natural world is a wonderful thing.

Even as new subatomic particles are discovered and gravitational waves detected from across the universe, we can all participate in the practice of science by learning the birds and flowers and passing this knowledge to our children.

Botanist David Wagner has worked in Eugene for 40 years. His 2018 Oregon Nature Calendar is available at Down to Earth in Eugene or by contacting him at fernzenmosses@me.com.



LICORICE FERN,  
*POLYPODIUM GLYCYPHRHIZA*

#### Oregon Attorney General Settlement Notice

#### **The Attorney General's Settlement Could Benefit You!**

**Did You Buy a TV, Monitor, or Laptop Computer That Contained an LCD Flat Panel Screen, During the Years 2002 to 2006?**

**Or Did You Buy a TV or Computer Monitor That Contained a Cathode Ray Tube ("CRT"), During the Years 1995 through 2007?**

**You May be Entitled to Compensation.**

Please read this notice carefully as your legal rights are affected whether you act or do not act.

**PARA UNA NOTIFICACIÓN EN ESPAÑOL, LLAMAR O VISITAR NUESTRO WEBSITE.**

Oregon Attorney General Ellen Rosenblum has resolved two lawsuits she brought on behalf of Oregon natural persons against certain manufacturers of liquid crystal display ("LCD") flat panels and cathode ray tubes ("CRTs"). The lawsuits allege the manufacturers illegally agreed upon the pricing of LCD flat panels and CRTs.

Oregon has settled with all defendants for a total of \$36,900,000 ("Settlement Fund"), and you may be entitled to a portion of the Settlement Fund.

#### **Who Is Included?**

Natural persons who indirectly purchased at any time during the years 2002 to 2006, for their own use and not for resale, LCD panels incorporated into flat panel TVs, computer monitors or laptop computers; or who indirectly purchased at any time during the years 1995 to 2007, for their own use and not for resale, CRTs incorporated into TVs or computer monitors. A purchaser must have been an Oregon resident at the time of the purchase. An indirect purchaser is someone that purchased products containing LCD flat panels or CRTs from someone other than the company that manufactured the LCD flat panel or CRT component, such as from an electronics retailer or a device manufacturer other than one of the Defendants. "Natural persons" means a human, not a business.

#### **How Do I Get Settlement Funds?**

**File a claim:** Consumers need to file a claim to obtain benefits in this settlement. Claims can be completed online at [www.OregonScreenSettlement.com](http://www.OregonScreenSettlement.com) or by mailing the claim form, available for download, to the Settlement Administrator. The deadline for filing claims is April 2, 2018.

#### **How Do I Get More Information?**

More information about the lawsuits, settlements, and the claims process can be found at [www.OregonScreenSettlement.com](http://www.OregonScreenSettlement.com), by calling 1-877-940-7791, or writing to: Oregon Screen Settlement, c/o GCG, P.O. Box 10240, Dublin, Ohio 43017-5740.

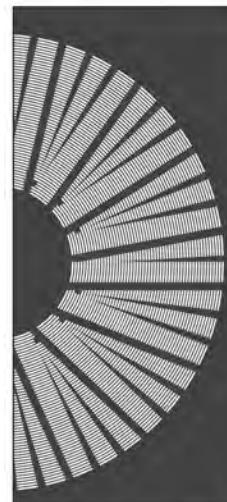
This Notice is an official legal notice of the Oregon Department of Justice

**1-877-940-7791**

**[www.OregonScreenSettlement.com](http://www.OregonScreenSettlement.com)**

# Calling All ARTISTS

**City of Eugene Cultural Services invites artists to apply for exciting paid opportunities**



## EUGfun! Community Events

Seeking 50+ artists from all genres of performing and fine arts. We welcome applications from artists and performers of all cultures, races, genders, orientations and abilities to represent the entire spectrum of our diverse population in Eugene.

## Downtown Program Fund

Is there an event or artistic installation you have been wanting to grow downtown? Funding is available to produce artistic and cultural programming during summer 2018.

**EUGfun!**  
[eugfun.org](http://eugfun.org)

 **Eugene Cultural Services**

**[eugene-or.gov/culturalservices](http://eugene-or.gov/culturalservices)**

# MORE ON MEASURE 101

Upcoming town hall, forums will cover health care vote

Oregon voters face a decision regarding the future of health care when they go to the polls for the Jan. 23 special election. Measure 101 asks voters to approve funding for health care for Oregonians. The measure has more than 160 organizations endorsing it, according to the Yes for Healthcare campaign PAC, which has raised more than \$1.8 million to support the passage of 101.

Specifically, Measure 101 itself would garner between \$210 million and \$320 million for health care from the Oregon health care industry, according to progressive think-tank Oregon Center for Public Policy (OCPP), by adding 0.7 percent to the existing 5.3 percent hospital assessment and establishing a 1.5 percent assessment on health insurers, managed care companies and the Public Employees Benefit Board.

OCPP says the previous health insurance company assessment, which helped pay for health care in Oregon, expired in 2014.

A "yes" vote will allow the funding to go into effect. A "no" vote could result in as many as 350,000 Oregonians losing their health care, according to state Sen. James Manning, a Democrat representing District 7 in Lane County.

"There's only a small segment of the population that for whatever reason doesn't want Oregonians to have health coverage," Manning says. "So if this measure does fail, possibly 350,000 Oregonians will lose health coverage and over 66,000 children that are covered under the Oregon Health Plan will potentially lose their health insurance as well."

Manning, along with Sen. Lee Beyer and Rep. Julie Farnsworth, will host a town hall at the Viking Sal Senior Center in Junction City on Jan. 4.

"I want to make sure that we answer any questions that anybody may have regarding Measure 101 and [that voters] understand the severity if the measure doesn't get passed," Manning says.

Locally, Republican Rep. Cedric Hayden from Roseburg has campaigned against the measure.

When the Affordable Care Act (ACA) was signed into law in 2010, it allowed a Medicaid expansion funded by federal dollars that helped bolster Oregon's health care industry. In 2017, federal dollars no longer paid 100 percent of the expansion, forcing legislators to find new ways to

fund the recently expanded and revamped public health care system.

The fiscal impact statement for the measure estimates that the state would lose hundreds of millions of dollars in revenue from federal matching Medicaid funds.

"If it doesn't happen we are going to lose a big chunk of funding," Robert Duehmig, board president of the Oregon Rural Health Association says. "Not just state funding but the billions of dollars of federal funding too."

Supporters of the measure are adamant that this tax is vital to continue insuring the most vulnerable Oregonians. Recent expansion of Medicaid has helped insure one in five Oregonians.

Medicaid also insures more than a third of families in some rural parts of the state.

Duehmig and other supporters say Measure 101 will stabilize markets and protect Medicaid moving forward.

Public support for the measure has reached the ears of lawmakers on both sides of the political spectrum. Sens. Peter Courtney (D-Salem) and Ted Ferrioli (R-John Day) both support the measure and encourage voters to do the same.

"As the Democratic Senate President, and the Senate Republican Leader, we don't always agree. But on Measure 101, there's no question: Oregonians should vote YES," Courtney and Ferrioli write in an endorsement in

*'There's only a small segment of the population that for whatever reason doesn't want Oregonians to have health coverage. So if this measure does fail, possibly 350,000 Oregonians will lose health coverage and over 66,000 children that are covered under the Oregon Health Plan will potentially lose their health insurance as well.'*

— SEN. JAMES MANNING

Manning says the major stakeholders — hospitals and insurance companies — agreed to the tax. "Some people, for whatever reason, they don't want children who may not be documented to get health care. That's evil and it's morally criminal."

Some of the top donors to the Yes for Healthcare campaign include Willamette Valley Community Health, LLC, which gave \$100,000, and Oregon Association of Hospitals and Health Systems, which contributed \$90,000.

A number of rural communities are standing behind Measure 101 as well. "When it comes to health care, access to health care and the importance of families being covered, it works in rural Oregon like it does in urban Oregon," Duehmig says.

Expanded and affordable health care is important for the nearly 400,000 children who rely on Medicaid in Oregon. Duehmig writes in support of the measure that Med-

icaid also insures more than a third of families in some rural parts of the state.

Duehmig and other supporters say Measure 101 will stabilize markets and protect Medicaid moving forward.

Public support for the measure has reached the ears of lawmakers on both sides of the political spectrum. Sens. Peter Courtney (D-Salem) and Ted Ferrioli (R-John Day) both support the measure and encourage voters to do the same.

"As the Democratic Senate President, and the Senate Republican Leader, we don't always agree. But on Measure 101, there's no question: Oregonians should vote YES," Courtney and Ferrioli write in an endorsement in

# SLANT

• Eugene Weekly's huge "sports department" is thrilled to see the actual huge sports department at The Register-Guard finally giving the **University of Oregon women's basketball team** some love. Ranked 10th in the country, this team is so much fun to watch, both in the arena and lately on TV. The UO athletic department should build a crowd for Coach Kelly Graves and his amazing players. Think UConn.

• **Vote "Yes" on Measure 101 in the Jan. 23 election.** We keep hammering that endorsement because turnout and support is so critical. On Dec. 17, The Oregonian in Portland editorialized for a "No" vote, of course, and that should be enough to send us down-staters back to the long list of

trusted organizations that say "Yes." For the full list, go to [yesforhealthcare.org/supporters](http://yesforhealthcare.org/supporters).

• 2018 is the year of elections we must win locally and nationally. Here's a new candidate who has already filed for **Lane County commissioner** from Springfield (District 2). Joe Berney, who is challenging the Republican incumbent Sid Leiken, says this district has an 11-point Democratic edge as well as many independents, so he has a good chance to win it. Check him out at [joeberney2018@gmail.com](mailto:joeberney2018@gmail.com).

• The **longtime mascot of South Eugene High School, the Axemen**, has come under fire recently, and legitimately so — in this day and age, female and gender-questioning athletes should never be merely auxiliary to their male counterparts. Lady Axemen doesn't cut it. It's straight up discrimination. The 4J School Board needs to vote to change the mascot and decide on a path forward to choosing a new one that takes into account the wishes of SEHS students and faculty.

## POLLUTION UPDATE

The Oregon Department of Environmental Quality (DEQ) sent a warning letter to **Goshen, Inc.** on Dec. 1 for various water quality-related violations at its "wood recovery" facility on Milliron Road south of Junction City. More specifically, DEQ cited Goshen, Inc. for failing to monitor stormwater discharges, violating effluent limitations and failing to document inspections and employee stormwater education. During its inspection DEQ documented a leaking dumpster, "soils, chip piles and piles of sawdust throughout the facility not being swept/removed at acceptable frequency," an unidentified source of standing water, and "no source control practices ... upstream of the north pond to prevent or minimize oil or other pollutants from entering the pond." Goshen, Inc. is one of 117 Lane County facilities with Clean Water Act-permitted industrial stormwater discharges to waters of the state. For a list of these facilities, please visit [goo.gl/GGFxUD](http://goo.gl/GGFxUD). — Doug Quirke/Oregon Clean Water Action Project

# HOW TO SAVE A LIFE

*Volunteering at Egan can build up a community*

Egan Warming Center faced a record 11 straight days of activation this year, and with three months of winter left they're banking on hundreds of dedicated volunteers to show up night after night to help shelter the homeless on freezing nights.

Luckily, citizens like Diane Cunningham are ready to help.

Cunningham is an intake volunteer at two Egan locations in Springfield — either the Springfield Seventh Day Adventist Church or Ebbert Memorial United Methodist Church, depending on the night. She's 68 years old with cropped grey hair and an easy smile. Cunningham is retired, and she says she's not happy unless she's volunteering for the community.

"I think that's a route to happiness for a lot of us, is looking around and saying how can I make my community better," she says.

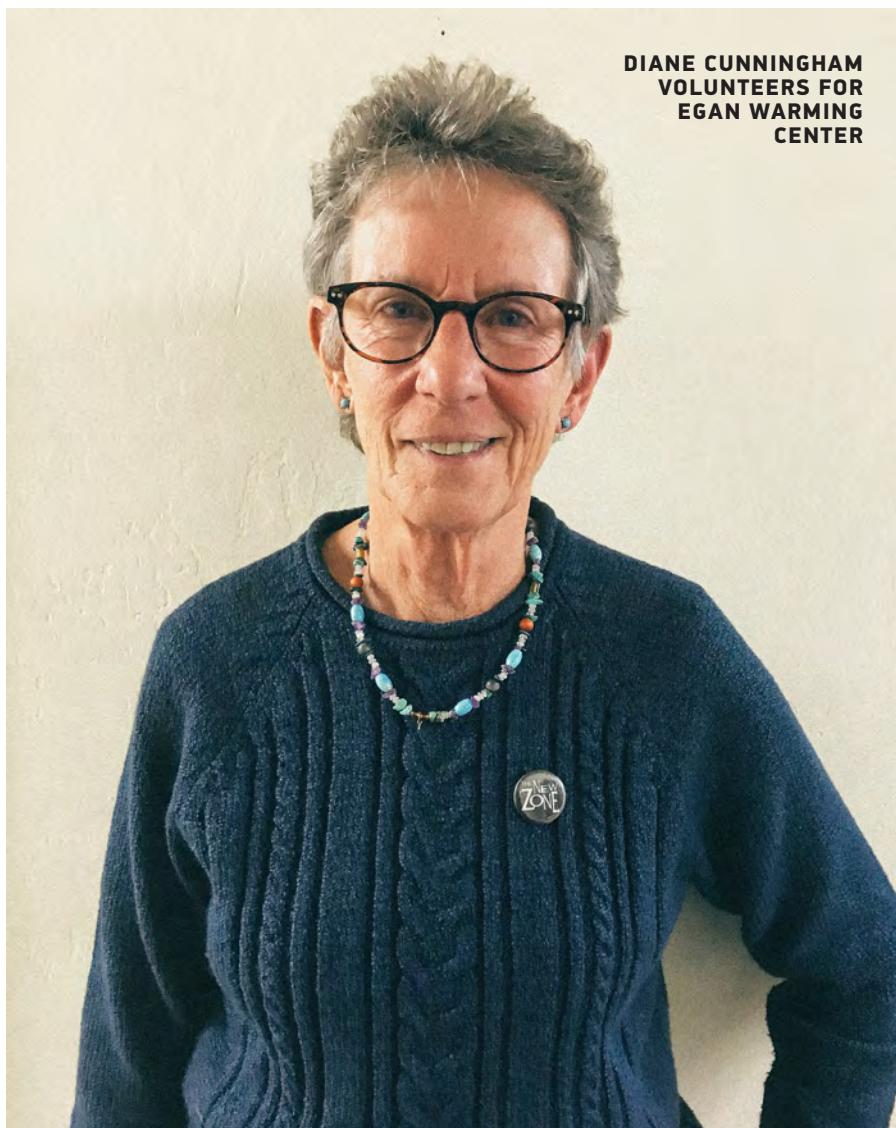
Every night it's open, the emergency shelter provides medical treatment, a safe place for pets to stay at certain locations, hot meals in the evening and morning, and new socks and other supplies.

"They usually get a hot cooked breakfast before they leave," Cunningham says. "We load them up with sandwiches for the day."

Almost every night she volunteers at Egan, Cunningham shows up at 4:30 pm and stays till 10:30 or 11:30 pm to welcome guests and help new volunteers get settled in.

"They're all outside, and there can be 40 of them. Sometimes we'll have an intake of 80 people," she says. "Fifty is what we can comfortably handle, but we're not going to turn anyone away, and we get a lot of walk-ins in Springfield."

Cunningham says she has become very friendly with some of the guests over her 5 years of volunteering for Egan. "I have friends who say 'those people.' You know



DIANE CUNNINGHAM  
VOLUNTEERS FOR  
EGAN WARMING  
CENTER

PHOTO BY KELLY KENOYER

"It's not 'those people,'" Cunningham says. "It's Kathy and Bill and Tennessee."

Egan Warming Center director Shelley Corteville says that, "time and time again, people that volunteer often say, 'I get more out of volunteering than guests get from me."

"We literally are saving people from freezing to death," Corteville says. "And what could be more important than that?"

Each night Egan is open, Corteville points out, its 11 locations require 300 to 320 volunteers. Although thousands have completed the training, she says that only about 500 people consistently volunteer.

Cunningham says this might be because folks can get uncomfortable with "talk about how to protect yourself, how to de-escalate," she says. Part of the training "is to teach people how to be safe." But Cunningham says she has never felt endangered at Egan.

While she says the training might sound scary, implying that people seeking shelter might not be safe, Cunningham says the guests in fact are very polite and grateful.

"I get a hundred 'thank yous' a night," she says. "They love to talk, they love to know that you're interested. People say, 'How can you do this every day?' Well it's because it's fun!"

Although Cunningham is happy to volunteer and looks forward to her nights with her guests, she says the area still needs to step up and create a permanent shelter.

"They need a door they can lock so their stuff isn't stolen," she says of the unhoused. "You can't stabilize someone when they're on the street."

On those cold Egan nights, Cunningham goes home tired, but happy. "When I get home and crawl into my nice warm bed, I know there's 80 people who are warm and safe and fed because I showed up."

*To volunteer, go to [eganwarmingcenter.com](http://eganwarmingcenter.com) or call 541-687-3820.*

**EUGENE FAMILIES: See what our schools offer.**

## School's open! 4J

January is school choice season. In Eugene School District 4J, every school offers an excellent education. You can enroll in your neighborhood school at any time. To request enrollment in a different school for 2018-19, apply online at [www.4j.lane.edu/choice](http://www.4j.lane.edu/choice) between Jan. 1-31. Requests will be accepted in an order determined by lottery.

### January is School Visitation Month

Each school offers activities and times when parents can visit. See website for details.

### Elementary School Showcase

**Saturday, Jan. 6  
10 a.m.-12 p.m.**

4J Education Center,  
200 N. Monroe St.

Learn about the school choice process. Sign up for school visits. Talk to representatives from every 4J elementary school.

### School Choice Information Meetings

**Saturday, Jan. 6  
(during the Elementary School Showcase)**

**Tuesday, Jan. 16, 7 p.m.**  
4J Education Center,  
200 N. Monroe St.

New  
earlier deadline  
**Jan. 31**

**Eugene School District 4J**

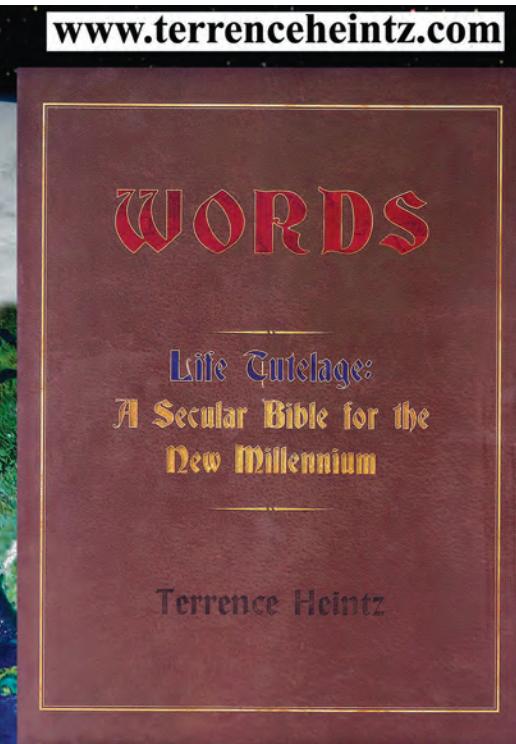
[www.4j.lane.edu/choice](http://www.4j.lane.edu/choice) • 541-790-7570

[www.terrenceheintz.com](http://www.terrenceheintz.com)

## WORDS

*Life Tutelage:  
A Secular Bible for the  
New Millennium*

Terrence Heintz



# FIGHTING FOR FITNESS

Tyler Pascua (right) watches as two students roll at Northwest Martial Arts

**Add a little discipline to your New Year's resolution with martial arts training**

By Max Thornberry

**S**o the new you wants to get in shape this year — a lofty goal that is easier said than done. If diets and gym memberships have failed in the past, now might be the time to try a different approach.

I've practiced and later taught taekwondo for 20 years, and recently made a foray into jiu jitsu. I didn't have any say in the matter when I began practicing martial arts at age 5 when my parents signed me up, but I wouldn't trade it for anything in the world. My hobby kept me from Little League and pee-wee soccer, but none of my friends turned their childhood sports into jobs that help them pay for college.

Consider trying martial arts as your first step in your fitness goals. All of the reminders and self-encouragement in the world will let you down unless you have a plan, and the martial arts are very structured. In order to progress in taekwondo, for example, you have to follow a set schedule that includes testing, and though a sport like taekwondo is technically a fight sport, the camaraderie and encouragement of your peers will keep you motivated.

Eugene has a number of studios and instructors to take classes with. Options range from high intensity Ultimate Fighting Championship (UFC) training to lower-key tai chi featuring slow movements and careful breathing. Taekwondo lands somewhere in the middle, but everyone can choose their own path.

My instructor in Eugene is Master Russ Duer, a sixth-degree black belt in taekwondo. Full disclosure: I have worked at Duer's American Taekwondo Association (ATA) studio for the last two and a half years. The entire curriculum is self-defense-based and includes something for everyone age 4 to 104. Duer's studio practices Songahm taekwondo, which focuses on personal development of the mind and body. Taekwondo features kicking and striking with the hands and feet.

In my experience, many ATA studios are scared to include anything from outside their own martial arts bubble. Duer on the other hand brings in everyone from gun safety instructors to UFC stars such as the controversial Colby Covington, so everyone can receive well-rounded training. Duer's wife, Katrina Jensen, a third-degree black belt, hosts women's self defense seminars bi-monthly, empowering women and teaching them self-defense techniques.

While my experience and training in martial arts has been from ATA studios, I recently decided I should branch out. After checking out some Google reviews and a recommendation from Duer, I went to Northwest Martial Arts for some jiu jitsu training.

Brazilian jiu jitsu focuses on taking your opponent to — and controlling them on — the ground. As someone who has trained for stand-up fighting and self defense my whole life, I thought that knowing what to do on the ground would be beneficial. If nothing else, it is an intense, whole-body workout.

Tyler Pascua, a brown belt instructor at NWMA, teaches the jiu jitsu fundamentals class Thursday evenings. He has trained for 9.5 years and touts the mental as well as physical benefits of martial arts. "I'm not a health-wise human being generally," Pascua says, "but one thing jiu jitsu has done for me is it has given me something to come back to." Jiu jitsu is more than a physical act, he says; it is something that clears space in your head.

Being healthy isn't easy. Martial arts isn't easy. But the benefits of both are worth the long road ahead. ■

Learn more about Duer's ATA at [duersataregon.com](http://duersataregon.com) or call 541-345-3018. Check out NWMA at [nwmaacademy.com](http://nwmaacademy.com) or call 541-912-9099.



Tyler Pascua (ground) shows a class how to keep your distance

# DANCING AWAY THE DONALD

In these troubled times, one way to take care of your mental health is to get out and dance.

That's what a 34-year-old Cottage Grove massage therapist has been doing for the past year and a half, ever since she realized that current events were sucking her and the rest of the country into a morass of despair.

Sarah Rose dances solo once or twice a week in a pullout on Highway 99 just south of Goshen, next to her little white Kia, which sports a big green and white sign on top that reads "Optimism." ("Rose" is a name she uses for her dance performances to deter, as she says, creeps.) She picked the spot because it's clearly visible to motorists driving past on adjacent Interstate 5.

"The political-environmental climate was getting dark and cloudy," she says. "And I followed right along in the primaries when everyone started getting worked up."

She began dancing next to the freeway, often during rush hour, in April 2016. Her sign in those days said, "Elect Dance 2016."

At first she was ignored. Then people began honking horns from the freeway and waving. Then a few folks began stopping to ask what she was up to. "Is this a real political party?" they would ask. "Yeah," she would say. "It's a *dance* party."

After the surprise election of Donald Trump at the end of 2016, she came out to dance once again, wondering what her sign should read now. The word "optimism" popped into her brain. She drove right to the Department of Motor Vehicles in Cottage Grove and ordered a vanity plate that reads "OPTMST." Then she had the "Optimism" sign made, and she's still using it.

Rose has been visited by curious cops — one, a woman, stopped to dance with her — and has even taken her show on the road. Coming back from a trip to Texas she drove old Highway 66 and stopped to dance along the way.

She's still dancing once or twice a week, sometimes joined by friends, at her spot next to I-5 whenever the spirit, or news of the world, moves her.

"I do it to tip the scales," she says. "There is so much negativity in the world!" ■

See more on the Facebook page: [facebook.com/downwithOPT](https://facebook.com/downwithOPT).

**Better mental health can just mean shaking things up**

By Bob Keefer



Public dancing with Sarah Rose (right) and friends

PHOTO BY BOB KEEFER



## EMPOWERING LEADERSHIP with Kemy Joseph, MS, EDS, MBE

January 14

unity  
of the Valley

39th & Hilyard  
[unityofthevalley.org](http://unityofthevalley.org)

- 10:30 a.m. Sunday Spiritual Service  
(Followed by a light soup lunch)
- 12:30–2:00 p.m. Training (ages 18 & older)  
"7 Principles for Transforming the Way You Succeed"  
(Donation basis, \$10–20 Suggested • Childcare provided)

# ON THE REBOUND

Eugene trainer  
Troy Monroe  
bounces in  
just minutes  
a day!

By Rick Levin

For centuries upon sad centuries of human history, people have been searching desperately for that proverbial Fountain of Youth — a futile quest for a miracle anti-aging remedy that allegedly drove Spanish explorer Ponce de León scurrying to Florida in the 16th century.

Modern equivalents of de León's mythological chase for sexy immortality include endless fad diets, daily applications of cosmetic goo, hey-presto pharmaceutical cures and — the daddy of them all — cumulative plastic surgery disasters that leave octogenarian celebrities looking like shrink-wrapped cadavers in a wind tunnel.

But it turns out that, after millennia of striving, the Fountain of Youth is not hidden far away in some exotic location or purchasable in newfangled pill form — so y'all can stop scouring the ends of the earth. The Fountain of Youth is within!

The unlikely discoverer of this truth is a Eugene construction worker named Troy Monroe, whom you may have seen practicing his craft of an evening along Coburg Road or at 29th and Willamette: He's the guy jump-dancing on a small trampoline-like device called a "rebounder."

Rebounding, Monroe says, is the world's most perfect workout, and what's more, he discovered that it actually reversed the aging process for him, Benjamin Button-style. In this regard, Monroe is his own best testimony: He's 48, but he could pass for 27, easily, and the guy's abs are totally chiseled.

"It totally blew me away," Monroe says of seeing the results of rebounding. "It changed the whole game. With the results you see here, never did I work out past the 25-minute mark."

Of course, simply jumping up and down doesn't capture the whole story of Monroe's routine. Combining a vegan diet of mostly raw foods, regular juice fasting and high-intensity interval training, he's landed on a way of life that, according to him, harmonizes perfectly with the body's physiognomy. Monroe's "trainer name," Rx8020, captures this formula — a prescription (Rx) of 80 percent nutrition to 20 percent exercise, and 80 percent raw food to 20 percent cooked.

The road to this health revelation was a long one. A native of Los Angeles, Monroe says he was always interested in fitness, getting into athletics in his teens and dabbling with veganism. He had early dreams of being a dancer, but was turned off by the scene.

Monroe "did the evangelical thing" for a while, considering a career in ministries, and was married for a bit in his early 20s. While raising two kids as a single parent and working at the UCLA Medical Center, he became more interested in health and nutrition. "That's what my passion was," he says. "I was always trying to find out what I could do to better my health. It was at UCLA where I discovered that I was actually starting to age backward. That's when it hit me that I had something I could offer the world."

Moving to Eugene in 2008, Monroe acquired a certification as a wellness coach from the Spencer Institute — an online coaching and career training service. In 2012, he incorporated a 40-day juice fast into his fitness regimen.

"It was during this time that I discovered the health benefits of rebounding," he says. "I learned that NASA had officially declared rebounding to be the best manmade exercise in the entire world."

According to Monroe, the healing process is speeded up with rebounding. "Rebounding is not just an exercise that burns calories," he says. "It moves the lymphatic system. Rebounding opens pathways, flushes it out like no other exercise. It detoxes you while you exercise."

Other benefits, he says, include better sleep; relief from anxiety and depression; promotion of human growth hormone; better functioning of the gallbladder and pituitary gland; increased testosterone; and an immediate spike in production of white blood cells. "Everything is increased and heightened and strengthened when you rebound," Monroe says.

Not to be a stickler here, but the rebounding community is fond of citing the 1980 NASA study, which was actually specific to the effects of "trampolining" versus running regarding weightlessness, oxygen intake and G-forces on the body in motion. There is no evidence that NASA declared rebounding "the best manmade exercise in the world," and a *New York Times* article from Jan. 16, 2015, debunks the more hyperbolic claims of enthusiasts, stating that "rebound exercise is, at best, aerobically mild," and that "there also is little or no scientific evidence that rebounding benefits the lymph system, bones, blood or cellular health."

That said, Monroe does make a compelling case for his style of urban rebounding, which after all is incorporated into a more holistic regimen that, according to him, starts with nutrition. "The first line of defense is nutrition," he emphasizes. "The diet is the foundation."

Diet, it would seem, is not only the foundation; for Monroe, it's a site of global spiritual warfare for our health.

His more radical thoughts on nutrition and

It's early in the morning  
about a quarter 'til three  
I'm sitting here talking with my baby  
over cigarettes and coffee, now.

~Otis Redding

Wandering Goat Coffee Co.



## Wellness Centered Dentistry

— Individual Care for Individual People —



*A Holistic Approach to  
— Dental Care —*

541-868-2008  
4725 Village Plaza Loop  
Ste 101 • Eugene, OR



Rob Whicker DDS

wcdentistry.com

health can be found on his blog, "Black to Raw," in which he refers to himself as a "Life Existentialist Expert" and writes such things as: "Make no mistake, medical genocide is part of New World Order genocide. The One World Government has only one objective: total genocide of anyone who is not willing to be controlled by the international Communists. It is a purge, a killing frenzy, cold-blooded murder. Medical genocide is part of the Communist New World Order genocide."

And: "This is a spiritual chemical battle going on 24 hours a day, every day in your blood, cells and tissues. pH is the battlefield. If you take the spiritual blinders off, you will notice that everything in this world is perpetrating an acid environment. God is trying to alkalize you and Satan is trying to acidify you."

Rebounding, then, is but the most visible aspect of Monroe's program, and one that he's always eager to promote as a wellness coach. "The reason I did rebounding in public is I have a unique style of rebounding because of my dance background," he says. "I knew I had something that nobody was doing, and the best way for people to see what I'm doing is to get out on the street. If you do what I do, you get what I got," he adds.

The response, he says, has been positive — I mean, really, what better promotion for rebounding than to do a little vigorous rebounding on the side of the road during rush hour?

"People stop and talk," he says. "They've chased me down. The weirdest thing is somebody came along and started jumping on it when I took a rest." ■

*Monroe is currently holding rebounding classes 5 pm every Sunday at Xcape Dance Academy; for more information, you can check out his Facebook page or call 541-650-8007.*



**Troy Monroe is 48 going on 27**

PHOTO BY TODD COOPER

**SALE!** Bring in this coupon for **20% off**

**Folkways**  
Clothing, Jewelry & Gifts

18th & Willamette  
Meridian Building  
541-431-3411

one sale or  
non-sale item.  
Valid thru  
1/31/2018

Coupon must be presented for discount. Coupon applies to in-stock merchandise only, including sale items. Cannot be used on special customer orders, consignment merchandise, layaway pick-ups or gift certificates. Limited to one coupon per person per day. May not be combined with other coupons.

## Oregon's bike tax is coming.

And we don't think it adds up. If you agree, *cut out this ad and redeem it for \$15 off* of your next taxable bicycle purchase in January 2018. For more information, visit [bicycleway.com/tax](http://bicycleway.com/tax).



556 Charnelton  
541.344.4105

2480 Alder  
541.342.6155



Find us in the Unique  
Eugene coupon book!

# WHAT'S HAPPENING

This week, I'm sure a lot of us are reflecting on the past year and solidifying our New Year's resolutions. On Thursday, Jan. 4, there's an event to reflect on the accomplishments of the city of Eugene as a whole and look forward to future accomplishments this year — the **State of the City Address**. Mayor Lucy Vinis will be giving the address at the Hult Center's Soreng Theater. The address will be "highlighting her first year in office," according to the city's website. Mayor Vinis will also be announcing the winner of 2017's Bold Steps Award, an award that recognizes local sustainable businesses, according to the city's website. She'll also present a "community award" to a local organization. There will be entertainment in the form of Flamenco Chico, a local dance troupe, and light refreshments will be available after the program. Springfield is also having its own State of the City Address the same day, Jan. 4, at noon at the Hilton Garden Inn. Springfield Mayor Christine Lundberg and the Springfield City Council will be leading that main address and will be repeating the address on a "tour" around Springfield in the coming weeks. For extra tour dates visit [springfield-or.gov](http://springfield-or.gov).

Eugene's State of the City Address takes place 5:30 pm on Thursday, Jan. 4, at the Hult Center's Soreng Theater. Springfield's State of the City Address is noon on Thursday, Jan. 4, at the Hilton Garden Inn (3285 Gateway Street, Springfield). Both events are open to the public and FREE. — *Meerah Powell*



## THURSDAY

### JANUARY 4

SUNRISE 7:47AM; SUNSET 4:47PM  
AVG. HIGH 45; AVG. LOW 32

**ART/CRAFT** Group show, Best of Vistra, 9:30am-6pm today through Saturday & Monday through Wednesday, 11am-4pm Sunday, Vistra Framing & Gallery, 411 W. 4th Ave. FREE.

The Mystique of Colored Pencils, drop-in art class, one-on-one instruction, 2-4pm today & Thursday, Jan. 11, Emerald Art Ctr., 500 Main St., Spfd. \$15.

**FILM** Plank Town Presents: Springfilm Great Soundtracks, "American Graffiti," 6:30pm, Wildish Theater, 630 Main St., Spfd. FREE.

**GATHERINGS** Overeaters Anonymous, 7-8am today, Tuesday & Thursday, Jan. 11, First Christian Church, 1166 Oak St., oeugene.org. FREE or don.

Guaranty RV & Trailer Sale, 10am-8pm today through Sunday, Lane Events Ctr. FREE.

Friends & Family Discussion Group, 10:30am-noon today & Thursday, Jan. 11, Trauma Healing Project, 2222 Coburg Rd., Ste. 300. \$5.

Downtown Public Speakers Toastmasters Club, drop-ins welcome, noon-1:05pm today & Thursday, Jan. 11, Les Lyle Conference rm., 4th fl. Wells Fargo Bldg., 99 E. Broadway Ave., 541-485-1182. FREE.

Resist Trump, peaceful rally in opposition to Trump Agenda, noon-1pm today & Thursday, Jan. 11, Federal Courthouse, 405 E. 8th Ave. FREE.

Spfd State of the City Address, noon, Hilton Garden Inn, 3285 Gateway St., Spfd. FREE.

Hearing Voices & Extreme States Discussion/Support Group, 1pm, LILA, 20 E. 13th Ave. FREE.

NAMI Connection Support Group for people w/mental health issues, 1-2:30pm today & Thursday, Jan. 11, 2411 Martin Luther King Jr. Blvd. FREE.

Mindfulness Group, 4-5pm today & Thursday, Jan. 11, NAMI Resource Ctr., 2411 Martin Luther King Blvd., 541-520-3096. FREE.

Talk Time: Conversational English, come meet other learners & practice conversational English together, 4pm, downtown library. FREE.

Men's Meet Up, for survivors of sexual assault, self-identified men 18+, 4:30-6pm today & Thursday, Jan. 11, SASS, 591 W. 19th Ave. FREE.

Small Business Clinic: Ask the Experts, 5-7pm, downtown library, pre-register 541-682-5450. FREE.

2018 State of the City Address from Mayor Vinis, 5:30pm, Hult Ctr., Soreng Theater. FREE.

Social Work Networking Discussion on Self Care, 5:30-7:30pm, 6th St. Grill, 55 W. 6th Ave., reg- ister [nasworegon.org/calendar](http://nasworegon.org/calendar). Sug. Don. \$5.

Emerald Photographic Society Club Meeting, 6:45pm today & Thursday, Jan. 11, Northwood Christian Church, 2425 Harvest Ln., Spfd. FREE.

Atheist, Agnostics & Free Thinker AA, 12-Step Meeting, 7-8pm today & Thursday, Jan. 11, Unitarian Universalist Church, 1685 W. 13th Ave., 541-953-5119. FREE.

NAMI Lane County's Family to Family Support Group, 7-8:30pm, Lane County Behavioral Health's NAMI Resource Ctr., 2nd fl., 2411 MLK Jr. Blvd. FREE.

Speed Dating for All w/DJ'd After Party presented by Expressive Exploits, prize raffles for registering before 4pm & for bringing friends, 7:30pm today & Thursday, Jan. 11, Cowfish, 62 W. Broadway, please call to register 458-215-1267, ask for Kyssandra. FREE.

Eugene Concert Choir Auditions, various times, Emmaus Lutheran Church, 1250 W. 18th Ave., schedule audition time at [EugeneConcertChoir.org](http://EugeneConcertChoir.org) or 541-6865. FREE.

**HEALTH** Stress & Anxiety Relief Group Acupuncture, 10-11:30am today & Thursday, Jan. 11, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

Cycle, ages 14+, indoor cycling to music for aerobic training, 4:45-5:30pm today, Tuesday & Thursday, Jan. 11, first come, first serve, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Nia Fusion Fitness, ages 18+, non-impact, aerobic exercise, 5:30pm today, Tuesday & Thursday, Jan. 11, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Tai Chi, 5:30-6:30pm today & Thursday, Jan. 11, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop in.

Board Game Night, 6-11pm today, Tuesday & Thursday, Jan. 11, Funagain Games, 1280 Willamette St. FREE.

Categorically Correct Trivia w/ Elliot Martinez, 6:30-8pm today & Thursday, Jan. 11, Oregon Wine LAB. FREE.

Emerald City Recreational Roller Derby Orientation, 18+, 6:30pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE.

Adult intro to ki-aikido, 7pm Today, Monday & Thursday, Jan. 11, OKS, 1071 W. 7th. FREE.

Cards Against Humanity w/ Charley, 7pm, Brew & Cue, 2222 State Hwy. 99 N., 541-461-7778. FREE.

WDYK Trivia w/Alan, 7pm today & Thursday, Jan. 11, Gateway Grill, 3198 Gateway St., Spfd., 541-653-8876. FREE.

WDYK Trivia w/Stephanie, 7pm, El Tapatio, 725 E. Gibbs Ave., Cottage Grove, 541-767-0457. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Level Up, 1290 Oak St. FREE.

WDYK Trivia w/Kevin, 9pm today & Thursday, Jan. 11, Side Bar, 1680 Coburg Rd., #108. FREE.

Blazing Paddles, table tennis club (ping pong). We welcome all ages & skill levels, drop-ins welcome, paddles provided, varying hours today through Thursday, Jan. 11, check website for times & occasional cancellations, [lanetabletennis.net](http://lanetabletennis.net). \$5.

Family STEAM, enjoy hands-on fun & learning together w/science, technology, etc., 4pm, Bethel Library, 1990 Echo Hollow Rd. FREE.

Table Tennis for kids, 4:45-6:15pm today, Tuesday & Thursday, Jan. 11, Boys & Girls Club, 1545 W. 22nd St., [eugenettclub.com](http://eugenettclub.com) or 541-515-2861. FREE w/membership.

**ON THE AIR** "The Point," current local issues, arts, stories, 9-9:30am, today, tomorrow & Monday through Thursday, Jan. 11, KPOV 88.9FM.

"Arts Journal," current local arts, 9:10pm today & Thursday, Jan. 11. Comcast channel 29.

Thursday Night Jazz w/David Gizarra, 10pm today & Thursday, Jan. 11, KLCC 89.7FM.

### OUTDOORS/RECREATION

Pool Hall for seniors, 8:30am-4:30pm today, tomorrow & Monday through Thursday, Jan. 11, Campbell Community Ctr., 155 High St. \$0.25.

Lunchtime Running Group, 3-4 miles, 12:15-12:45pm today & Thursday, Jan. 11, Tap & Growler, 207 E. 5th Ave. FREE.

Duplicate Bridge, 1pm today, Sunday, Tuesday & Thursday, Jan. 11; 9:30am Monday; 6:30pm Wednesday, Emerald Bridge Club, 1782 Centennial Blvd., Spfd. \$8.

Centennial chess club, 5-8pm today, Friday, Saturday & Thursday, Jan. 11, Centennial Market, 651 W. Centennial Blvd., Spfd. RSVP 541-912-9061. FREE.

Cribbage Tournament, 5:30-7:30pm today & Thursday, Jan. 11, Max's Tavern, 550 E. 13th Ave. \$2.

Tai Chi, 5:30-6:30pm today & Thursday, Jan. 11, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop in.

Board Game Night, 6-11pm today, Tuesday & Thursday, Jan. 11, Funagain Games, 1280 Willamette St. FREE.

Categorically Correct Trivia w/ Elliot Martinez, 6:30-8pm today & Thursday, Jan. 11, Oregon Wine LAB. FREE.

Emerald City Recreational Roller Derby Orientation, 18+, 6:30pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE.

Adult intro to ki-aikido, 7pm Today, Monday & Thursday, Jan. 11, OKS, 1071 W. 7th. FREE.

Cards Against Humanity w/ Charley, 7pm, Brew & Cue, 2222 State Hwy. 99 N., 541-461-7778. FREE.

Group show, Best of Vistra continues. See Thursday, Jan. 4.

**FOOD/DRINK** Agrarian Growler Fills To-Go, 3-6pm, Agrarian Ales, 31115 W. Crossroads Ln. Prices vary.

Wine & Music, 4-10pm, Noble Estate Urban, 560 Commercial St. FREE. Food/drink costs vary.

Wine Tasting, 6-9pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd. FREE.

**GATHERINGS** Yawn Patrol Toastmasters, 6-7:45am, LCC Downtown Ctr., 110 W. 10th Ave. FREE.

City Club: The Recycling Crisis: Can We Fix It?, noon-1:15pm, UO Baker Ctr., 975 High St. \$5.

Nar-Anon Meeting, 12:30pm, Spfd. Lutheran Church, 1542 I St., Spfd. FREE.

Food Not Bombs, 1pm cooking, Campbell Club, 3pm serving, Kesey Square. FREE.

**SOCIAL DANCE** Line Dance Lessons, 6-8pm today & Thursday, Jan. 11, The Blind Pig Bar, 2750 Roosevelt Blvd. FREE.

Crossroads Blues Fusion, beginning & intermediate blues dancing lessons 7-8pm today & Thursday, Jan. 11, open dance 8-11:30pm, Vet's Club, 1620 Willamette St. \$6-\$10, work-trade available.

English & Scottish Country Dancing, 7pm today & Thursday, Jan. 11, Vet's Club, 1620 Willamette St. \$7, first time FREE.

Music & Dance Workshops w/Taller de Son Jarocho, 7-9pm today & Thursday, Jan. 11, American Legion Hall, 344 8th St., Spfd. FREE.

Fall Dance Sampler Series, Tango, 7:30pm, In Shape Athletic Club, 2681 Willamette St. \$10.

**SPIRITUAL** Zen Meditation Group, 7-8am today & Thursday, Jan. 11, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE.

Refuge Recovery, 7-8:30pm today & Thursday, Jan. 11, Unitarian Universalist, 1685 W. 13th Ave., rm. 6. FREE.

Zen Meditation, 7-8:45pm today & Thursday, Jan. 11, Zen West, 981 Fillmore St., zenwestgene@gmail.com. FREE.

Acoustic GRRRL JAM w/ukuleles, acoustic guitars, etc., no experience necessary, 4-5:30pm today & Thursday, Jan. 11, Ophelia's Place, 1577 Pearl St., ste. 100. FREE.

**VOLUNTEER** Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party, 9am-noon today, Tuesday, & Thursday, Jan. 11, Native Plant Nursery, Buford Park, volunteer@bufordpark.com, 541-344-8350. FREE.

## FRIDAY

### JANUARY 5

SUNRISE 7:47AM; SUNSET 4:48PM  
AVG. HIGH 45; AVG. LOW 32

**ART/CRAFT** First Friday ArtWalk, 5:30-8pm, starting at New Zone Gallery, 220 W. 8th Ave. FREE.

Pep Abysmal, solo show drawings by Dave MacGougan, opening reception 6-9pm, Tropical Contemporary, 1120 Bailey Hill Rd., #11. FREE.

Artist Reception - Sophie Navarro w/live music by Henry Cooper, 7-9pm, Oregon Wine LAB, 488 Lincoln St. FREE.

Group show, Best of Vistra continues. See Thursday, Jan. 4.

**FOOD/DRINK** Agrarian Growler Fills To-Go, 3-6pm, Agrarian Ales, 31115 W. Crossroads Ln. Prices vary.

Wine & Music, 4-10pm, Noble Estate Urban, 560 Commercial St. FREE. Food/drink costs vary.

Wine Tasting, 6-9pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd. FREE.

**GATHERINGS** Yawn Patrol Toastmasters, 6-7:45am, LCC Downtown Ctr., 110 W. 10th Ave. FREE.

City Club: The Recycling Crisis: Can We Fix It?, noon-1:15pm, UO Baker Ctr., 975 High St. \$5.

Nar-Anon Meeting, 12:30pm, Spfd. Lutheran Church, 1542 I St., Spfd. FREE.

Food Not Bombs, 1pm cooking, Campbell Club, 3pm serving, Kesey Square. FREE.

## CALENDAR

Community meeting about winning human rights in mental health, sponsored by MindFreedom Oregon, 3-3:30pm, LILA Peer Support Club, Cuckoo's Nest Stage, 990 Oak St. FREE. Eugene Maker Space Open Hack, 6-8pm today & Tuesday, 687 McKinley St., eugenemakerspace.com. FREE.

Refuge Recovery Meeting, 7-8:30pm today & Monday, Buddha Eye Temple, 2190 Garfield St. FREE.

Guaranty RV & Trailer Sale continues. See Thursday, Jan. 4.

**HEALTH** Tai chi for Balance or Yoga Therapy sessions: 30 min each, 3pm today & Friday, Sacred Heart medical Ctr. lobby, 3333 Riverbend Dr., Spfd. Don. \$25-\$1.

**KIDS/FAMILIES** Baby Storytime, 10:15am & 11:15am, downtown library. FREE.

Family Storytime, 10:15am, Sheldon branch library, 1566 Coburg Rd. & Bethel branch library, 1990 Echo Hollow Rd. FREE.

**LECTURES/CLASSES** Talks at the MNCH continues. See Thursday, Jan. 4.

**ON THE AIR** Music Gumbo w/ Andy Goldfinger, 7pm, KOFC 92.5 FM.

Marc Time's Record Attic, 11:30pm, Comcast channel 29.

"The Point" continues. See Thursday, Jan. 4.

**OUTDOORS/RECREATION** Walk 'n' Talkers, weekly self-led neighborhood walking group, 9-11am, meet at Campbell Community Ctr., 155 High St. FREE. Bridge Group for Seniors, 12:30-3:30pm, Campbell Community Ctr., 155 High St. \$0.25.

Magic the Gathering, standard deck casual play, 6pm, Castle of Games, 660 Main, Spfd. \$1.

Blazing Paddles continues. See Thursday, Jan. 4.

Centennial chess club continues. See Thursday, Jan. 4.

Pool Hall continues. See Thursday, Jan. 4.

**SOCIAL DANCE** Folk Dancing for Seniors, request & lessons, 2-3:30pm today, Willamalane Adult Activity Ctr., 215 W. C St., Spfd; 2:30-4pm Monday, Campbell Community Ctr., 155 High St., info at 541-603-0998. \$25-\$1.

Advanced dance class w/Taller de Son Jarocho, 4:30-6pm, Whiteaker Community Ctr., N. Jackson & Clark St. FREE.

Salsa Dancing, intro class 9pm, open dancing 10pm-1am, Salseros Rm., upstairs, 1626 Willamette St. \$10.

**SPIRITUAL** Refuge Recovery, check RefugeEugene FB for updated schedules, 7-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE.

**THEATER** No Shame Eugene Show! variety show comprised of 15 original performances of all kinds, 5-min max, 7:30-9:30pm, Atrium Bldg., 99 W. 10th Ave. FREE.

**VOLUNTEER** City of Eugene Parks & Open Space Native Plant Nursery Volunteer Work Party, 9am-noon, 538 Day Island Rd. FREE.

Native Plant Nursery Volunteer Work Party, 1-4pm, Native Plant Nursery in Alton Baker Park, 538 Day Island Rd. FREE.

## SATURDAY

JANUARY 6

SUNRISE 7:47AM; SUNSET 4:49PM  
AVG. HIGH 46; AVG. LOW 33

**ART/CRAFT** Pep Abysmal, solo show of drawings by Dave MacGougan, noon-4pm today & noon-5pm tomorrow, Tropical Contemporary, 1120 Bailey Hill Rd., #11. FREE.

Group show, Best of Vista continues. See Thursday, Jan. 4.

**FARMERS MARKETS** Hideaway Bakery Farmers Market, 9am-2pm, Hideaway Bakery, 3377 E. Amazon. FREE.

Coast Fork Farm Stand, 11am-6pm, 10th & Washington, Cottage Grove. FREE.

**GATHERINGS** Al-Anon, friends & family of alcoholics, beginners meeting, 9am, Bethesdal Lutheran Church, 4445 Royal Ave., 541-554-3702. FREE.

"It's Not About Politics. It's About Pain," TheInnnerRevolution.org, "Let's stop focusing on politics & speak to one another," 10am-noon, Green Leaf Riverwalk Apartment Conference Rm., 470 Alexander Ln., lizzy@TheInnnerRevolution.org. FREE.

Our Revolution Lane County, 10am-1pm, Theo's Coffee House, 199 W. 8th Ave., ourrevolutionlanecounty.com. FREE.

Co-Dependents Anonymous, 12 step meeting, noon-1pm, White Bird Clinic, 341 E. 12th Ave. FREE.

Peace Vigil, noon-1pm, downtown library, info at 541-484-5099. FREE.

Alternative Education Fair, 1-4pm, downtown library. FREE.

Guaranty RV & Trailer Sale continues. See Thursday, Jan. 4.

Some days are harder than others...

eugene  
**URGENT  
CARE** +

We're open all of those days

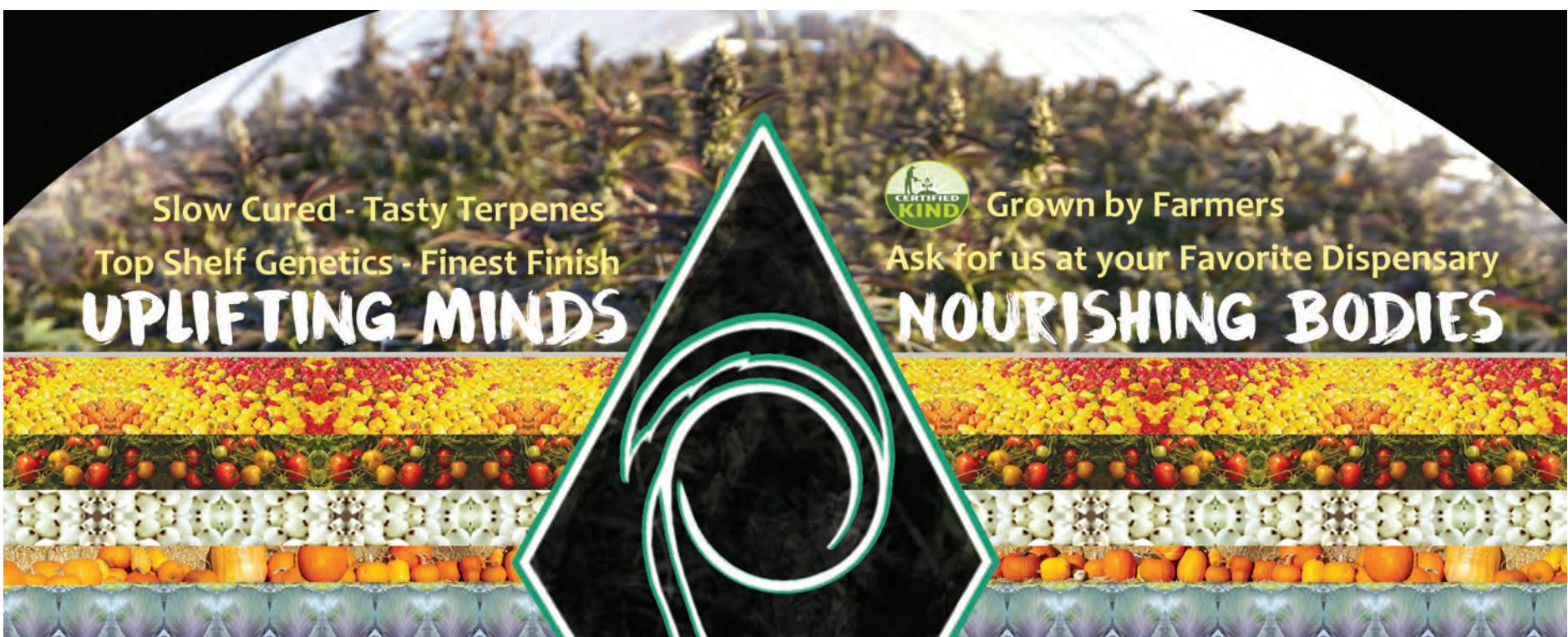
EugeneUrgentCare.com

Slow Cured - Tasty Terpenes  
Top Shelf Genetics - Finest Finish  
**UPLIFTING MINDS**



Only for use by adults 21+. Keep out of reach of Children.  
Do not operate machinery or drive under the influence of Marijuana.

**THE PLANT** [www.THEPLANT.farm](http://www.THEPLANT.farm)



**CERTIFIED KIND** Grown by Farmers  
Ask for us at your Favorite Dispensary  
**NOURISHING BODIES**

## CALENDAR

**HEALTH** POP Pilates w/Lila, dance choreography & pilates moves, all levels welcome, 12:30pm today & 5:30pm Tuesday, 1840 Willamette St., upstairs studio B, [bit.ly/powwithlila](http://bit.ly/powwithlila). \$10-\$15.

Pet Grief Support Group (death or loss), 1-2:30pm, Companioning Care LLC, RSVP & location: 541-255-7116. \$10-\$30.

Pet-Illness Coping Support Group, 3-4pm, Companioning Care LLC, RSVP & location: 541-255-7116. \$10-\$30.

**KIDS/FAMILIES** Family Music Time, 10:15am, downtown library. FREE.

Legos, 10:15am, Sheldon branch library, 3pm, Bethel branch library, 541-682-8316. FREE.

Family Music Time, Songs in Spanish, 11:15am, Bethel branch, 1990 Echo Hollow Rd., 541-682-8316. FREE.

Youth Art Works Free Art Class for Kids Ages 6-12, 1-3pm at Emerald Art Ctr., 500 Main St., Spfd, RSVP 541-726-8595. FREE.

Table Tennis for kids, 1:30-2:30pm, Boys & Girls Club, 1545 W. 22nd St., [eugenettclub.com](http://eugenettclub.com) or 541-515-2861. FREE.

Family Swims at warm saltwater Tamarack Pool, 1-2pm today, 6:30-7:30pm & Wednesday, 3575 Donald St. #210. \$4-\$6.

**LECTURES/CLASSES** African Drum w/Fode Sylla, 9:45-10:45am, WOW Hall. \$12-\$15.

"The Nature of Fascism" weekly Freire-style political education hosted by Communist Labor Party Eugene, 2-3pm, Growers Market, upstairs, 454 Willamette St., [clpeugene@gmail.com](mailto:clpeugene@gmail.com). FREE.

Talks at the MNCH continues. See Thursday, Jan. 4.

**ON THE AIR** Country Classics, Hot Licks & Hipbilly favorites, ft. artist Hank Williams, 9-11am, KRVN.

Taste of the World w/Wagoma, cooking & cultural program, 9-10am today, 7-8pm Tuesdays, Comcast channel 29.

60s Beat, "Keeping the Spirit of the 60s Alive," ft. artist Johnny Rivers, 7-9pm, KRVN.

### OUTDOORS/RECREATION

All-Paces Group Run, 9am, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Eug/Spfd Mossbacks Volkssport Club: walk in Eugene, 9am, from Valley River Inn, 1000 Valley River Wy., [mossbacks.org](http://mossbacks.org). FREE.

Urban Weed Identification Walk, 11:30am-12:30pm, GrassRoots Garden, 1465 Coburg Rd. FREE.

Dungeons & Dragons, roleplaying, 12:30pm, Delight, 538 E. Main, Cottage Grove, info at [delightcg@gmail.com](mailto:delightcg@gmail.com). FREE.

Amtgard Iron Keep LARP, 1pm, 1400 Lake Dr. FREE.

Cards Against Humanity w/Stephanie, 8pm, Gridiron Grill & Taphouse, 2816 Main St., Spfd, 541-636-2961. FREE.

Blazing Paddles continues. See Thursday, Jan. 4.

Centennial chess club continues. See Thursday, Jan. 4.

**SOCIAL DANCE** Dance Empowered w/Cynthia Valentine, 9-10am today, 5:30-6:30pm Monday & Wednesday, WOW Hall. \$10.

West African Dance w/Alseny Yansane, 11am-12:30pm, WOW Hall. \$12-\$15.

Country DJ & Dance, 7pm, Spfd Elks Lodge, 1701 Centennial Blvd. \$5.

Salsa Dancing, 9pm, the Lounge, 2043 River Rd. FREE.

**SPIRITUAL** Contemplative Mass w/Taize chant, 5:30-6:30pm, Episcopal Church of the Resurrection, 3925 Hilyard St. FREE.

**THEATER** Auditions for the dark comedy "Wonder of the World," Roles available for 4 women & 3 men ages 20s-60s, 1-4pm, Very Little Theatre, 2350 Hilyard St., TheVLT.com. FREE.

Auditions for Legally Blonde, a large cast of both women & men needed, ages 16+, come prepared to sing 16-32 bars of music & dressed to dance, bring sheet music, 4pm today & tomorrow, Cottage Theatre, 700 Village Dr., Cottage Grove. FREE.

**VOLUNTEER** Join Friends of Trees in a tree planting event, 8:45am-12:45pm, Friends of Trees office, 12th & Lincoln, [RSVP\\_eugenetreess@friendsoftrees.org](mailto:RSVP_eugenetreess@friendsoftrees.org) or 541-632-3683. FREE. First Saturdays in Awbrey Park, monthly volunteer gathering, tasks are varied, 9am-noon, Awbrey Park, River Rd. & Spring Creek Dr. FREE.

Free the Forest, volunteers for invasive species removal, trail maintenance & more, 9am-noon, Hendricks Park, 2200 Summit Ave. FREE.

Feed the Hungry w/Burrito Brigade, 10am, Bethesda Lutheran Church, 4445 Royal Ave. FREE.

Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party continues. See Thursday, Jan. 4.

## SUNDAY

### JANUARY 7

SUNRISE 7:46AM; SUNSET 4:50PM  
AVG. HIGH 46; AVG. LOW 33

**ART/CRAFT** Group show, Best of Vistra continues. See Thursday, Jan. 4.

Pep Abysmal continues. See Saturday.

**COMEDY** Dusty York & Guests, 9pm, Sam Bond's Garage. \$5.

**FOOD/DRINKS** Interfaith Sunday breakfast, needs volunteers! all/no faiths, everyone welcome, 7-10am, First Christian Church, 1166 Oak St., breakfast@heartofeugene.org. FREE.

Sunday Bunday, brunch w/ GF, DF, soy free Bao & drinks, 10am-4pm, Maven Art Boutique, 271 W. 8th Ave. FREE, food & drink prices vary.

Mimosa Sunday, noon-6pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd. FREE.

The Rainbow Family Potluck, bring food to share, 2-6pm, 1235 Railroad Blvd. FREE.

**GATHERINGS** Picc-A-Dilly Flea Market, 10am-4pm, Lane County Fairgrounds. \$1.50.

Food Not Bombs, 2-4pm, Park Blocks, 8th & Oak St. FREE.

Future Signs: The Astrology of 2018, Annual Benefit for Laurel Hill Ctr & Tsunami Books, 2-4pm, Tsunami Books, 2585 Willamette St. Sug. Don. \$10-\$15.

Community Centered Martial Arts, 3pm, Mangan City Park, 4075 Aerial Wy. FREE.

Prayers for World Peace, 6:30-7:30pm, Ami de Paris Salon, 280 W. Broadway. don. or FREE.

Guaranty RV & Trailer Sale continues. See Thursday, Jan. 4.

**HEALTH** Occupy Eugene Medical Clinic, noon-4pm, 509 E. 13th Ave. FREE.

Conscious Nutrition Series, 1:30-3pm, Everyday People Yoga, 352 W. 12th Ave. \$10-\$15.

**KIDS/FAMILIES** Family Fun, 2pm, downtown library. FREE.

**LECTURES/CLASSES** Women's Self Defense Class, 11am-

If you love plotting out star charts for friends, make a point to plan major life events around mercury's retrograde and are looking for some astrological guidance this year, or even if you just like casually reading your horoscope in *EW*, be sure to check out **Future Signs: The Astrology of 2018** at Tsunami Books on Sunday. During the event, local astrologer Johanna Mitchell will "present her annual predictions for the coming year in a public talk," according to Tsunami Books' website. Tsunami also says to "please expect a very full house." So, make sure to arrive early and get a good spot. The event is also a benefit for Laurel Hill Center, a local mental health recovery center, so come get some advice and insight about 2018 all while helping out a local organization.

Future Signs: The Astrology of 2018 is 2-4 pm on Sunday, Jan. 7, at Tsunami Books (2585 Willamette Street). Requested donation for the event is \$10-\$15. — *Meerah Powell*

Studios, 2455 Willakenzie Rd., contact [dankbagman@hotmail.com](mailto:dankbagman@hotmail.com). FREE.

Men's Mentoring Circle, 6:30-8:30pm, McKenzie River Men's Center, 1465 Coburg Rd. \$10 sug. don.

Depression & Bipolar Support Alliance, peer support group for people w/depression or bipolar disorder, 7-8:30pm, First United Methodist Church, 1376 Olive St. FREE.

Diabetes Support Group, 7-8:30pm, RiverBend, Oregon Heart & Vascular Institute, 3311 RiverBend Dr., Spfd., 12C. FREE.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave. FREE.

Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove Community Ctr., 700 E. Gibbs Ave., Cottage Grove. FREE.

Now recruiting low-voiced women! Come sing w/Sweet Adeline harmonizing group, 7pm, Spfd Elks Lodge, 1701 Centennial Blvd., Spfd. FREE.

Psychoanalysis in Eugene, clinical & literary discussion group, 7-9pm, 355 W. 8th Ave., RSVP to [michaelhejazi@gmail.com](mailto:michaelhejazi@gmail.com). FREE.

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, 591 W. 19th Ave. FREE.

Refuge Recovery Meeting continues. See Friday.

**HEALTH** Health Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

Tai Chi: Moving for Better Balance, ages 18+, 5:30 & 6:30pm today & Wednesday, Willamalane Adult Activity Ctr., 350 W. C St., Spfd. \$7-\$9.

Latin Cardio Fusion, ages 14+, jazzy dance workout, 5:30pm today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Tai chi for Balance or Yoga Therapy sessions continues. See Friday.

**KIDS/FAMILIES** Spanish Bilingual Story Time, stories, songs & crafts, 12:45pm, Spfd Public Library, Fountain Plaza, 225 5th St., Spfd. FREE.

Minecraft Mondays, 4pm, downtown library, pre-registration & library card required, 541-682-8316. FREE.

STEAM storytime, science, technology, engineering, art & math for ages 3-7 w/caregivers, 4pm, downtown library. FREE.

**THEATER** Auditions for Legally Blonde continue. See Saturday.

**VOLUNTEER** Feed the Hungry w/Burrito Brigade, 11am, First Christian Church, 1166 Oak St. FREE.

**SPIRITUAL** Self Realization Fellowship 9-9:50am meditation; 10-11am service, 1610 Olive St. FREE.

Zen Meditation Group, 5:30-7pm, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE.

Gnostic Mass Celebration, 8pm, Coph Nia Lodge OTO, 4065 W. 11th Ave. #43, [cophnia-oto.org](http://cophnia-oto.org). FREE.

Refuge Recovery Meeting, 7-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE.

**TEENS** Drop-in support groups for girls & non-binary youth, middle school group 4-5pm, high school group 5-6pm, Ophelia's Place, 1577 Pearl St #100. FREE.

**VOLUNTEER** Friends of Buford Park & Mt. Pisgah Habitat Restoration Projects, 9am-noon, locations vary, [bufordpark.org](http://bufordpark.org). FREE.

"The Point" continues. See Thursday, Jan. 4.

### OUTDOORS/RECREATION

Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop-in.

Filipino Martial Arts for Fitness, 5pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE intro.

The Monday Night Running Group, 5:30pm, Eugene Running Company, 116 Oakway Ctr. FREE.

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at [thebarnlightbar.com](http://thebarnlightbar.com). FREE.

Trivia at The Pub w/Elliott Martinez, 6-8pm, Oakshire, 207 Madison St. FREE.

IFPA-sanctioned pinball tourney, cash prizes, 7pm, Level Up Arcade, 1290 Oak St. \$5.

Trivia w/Ty Connor, 7pm, Beergarden, 777 W. 6th Ave. FREE.

Twisted Trivia, 7pm, Webfoot, 839 E. 13th Ave. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave. FREE.

Sam Bonds Bingo, 9pm, Sam Bonds Garage, 407 Blair St. FREE.

Adult intro to ki-aikido continues. See Thursday, Jan. 4.

Blazing Paddles continues. See Thursday, Jan. 4.

Duplicate Bridge continues. See Thursday, Jan. 4.

Pool Hall continues. See Thursday, Jan. 4.

**SOCIAL DANCE** Gypsy Square Dance, 7:45-9pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE intro.

Line/Party Dancing Lessons, learn to dance popular line & other dances like the Electric Slide, 8-9pm, Emerald Park Community Ctr., 1400 Lake Dr. FREE or Don.

Dance Empowered w/Cynthia Valentine continues. See Saturday.

**SPIRITUAL** Inspirational Sounds Gospel Choir Rehearsal, 7pm, Northwood Christian Church, 2425 Harvest Ln. FREE.

Refuge Recovery Meeting, 7-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE.

**TEENS** Drop-in support groups for girls & non-binary youth, middle school group 4-5pm, high school group 5-6pm, Ophelia's Place, 1577 Pearl St #100. FREE.

**VOLUNTEER** Friends of Buford Park & Mt. Pisgah Habitat Restoration Projects, 9am-noon, locations vary, [bufordpark.org](http://bufordpark.org). FREE.

## TUESDAY

### JANUARY 9

SUNRISE 7:46AM; SUNSET 4:52PM  
AVG. HIGH 46; AVG. LOW 33

**ART/CRAFT** Group show, Best of Vistra continues. See Thursday, Jan. 4.

**COMEDY** Open Mic Comedy, 8:30pm signup, 9pm show, The Drake Bar, 77 W. Broadway. FREE.

Amusedays w/Chaz Logan Hyde, comedy/open mic, 10pm, Luckey's Club, 933 Olive St. FREE.

**GATHERINGS** Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District, 3500 E. 17th Ave., 541-682-6182. FREE.

Debtor's Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th St., 541-357-1390. FREE.

## MONDAY

### JANUARY 8

SUNRISE 7:46AM; SUNSET 4:52PM  
AVG. HIGH 46; AVG. LOW 33

**ART/CRAFT** Muse Art Mondays, paint or draw local musicians each week w/MEEPA, 6pm, Whirled Pies Downtown, 199 W. 8th Ave. FREE (\$5 sug. don. for supplies).

Group show, Best of Vistra continues. See Thursday, Jan. 4.

## CALENDAR

NAMI Lane County's Connection Support Group, 6:30pm, Peter-son Hall, rm. 102, 955 E. 13th Ave., UO Campus. FREE.

NAMI Lane County's Family to Family Class, 6:30-8pm, Lane County Behavioral Health's NAMI Resource Ctr., rm. 198, 2411 MLK Jr. Blvd., register 541-343-7688. FREE.

Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wes-ley United Methodist Church, 1385 Oakway Rd. FREE.

Co-Dependents Anonymous, men only 12-step meeting, 6:30-8pm, First Christian Church, 1166 Oak St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45pm, LCC downtown, rm. 218, info at toddk.pe@gmail.com. FREE.

Industrial Workers of the World meeting, 6:30pm, New Day Bakery, 449 Blair Blvd. FREE.

The Joy of Rhythm, percussion circle, 6:30pm, Cascade Ctr. for Spiritual Living, 741 Main St., Spfd. Don.

Adult Children of Alcoholics Meeting, 7:30pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE.

Eugene Maker Space Open Hack continues. See Friday.

Overeaters Anonymous continues. See Thursday, Jan. 4.

**HEALTH** Nia-Healing Through Movement class, noon-1pm, Trauma Healing Project, 2222 Coburg Rd., 687-9447. don.

Cycle continues. See Thursday, Jan. 4.

Gentle Exercise for Wellness continues. See Thursday, Jan. 4.

Nia Fusion Fitness continues. See Thursday, Jan. 4.

POP Pilates w/Lila continues. See Saturday.

**KIDS/FAMILIES** Baby & Me Storytime, 10am, Spfd. library, 225 5th St., Spfd. FREE.

Table Tennis for kids continues. See Thursday, Jan. 4.

Talkers Storytime, 10:15am & 11am, downtown library. FREE.

Pajama Storytime, 6:30pm, downtown library. FREE.

**LECTURES/CLASSES** Line Dance, ages 50+, for advanced beginner & beyond, 1:30-3:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$15-\$18.

International Folk Dance Class, ages 18+, 6:45pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Talks at the MNCH continues. See Thursday, Jan. 4.

**LITERARY ARTS** Page 2 Poetry open mic, 7:30pm sign up, CUSH Cafe, 1235 Railroad Blvd. FREE.

**ON THE AIR** Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

"The Point" continues. See Thursday, Jan. 4.

Taste of the World w/Wagoma continues. See Saturday.

**OUTDOORS/RECREATION** Game Day, virtual reality, big screen video games, board games & more, 4:30pm, Spfd. Public Library, 225 5th St., Spfd. FREE.

Running Group, 4 miles, 6:10pm, Tap & Growler, 207 E. 5th Ave. FREE.

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Team Run Hub 5k Training Program Kick-off, 8 week program, 6pm, Run Hub Northwest, 515 High St, 541-344-1239. FREE.

Bingo Night w/Zach, 7pm, Side Bar, 1680 Coburg Rd. FREE.

Trivia w/Ty Connor, 7pm, Beer-garden, 777 W. 6th Ave. FREE.

WDYK Trivia w/Kevin, 7pm, Pour House, 444 N. 42nd St., Spfd. FREE.

WDYK Trivia w/Nick, 7pm, Shooter's Pub & Grill, 2650 River Rd. FREE.

WDYK Trivia w/Stephanie, 7pm, First National Taphouse, 51 W. Broadway, 541-393-6517. FREE.

Bingo, 8pm, Webfoot, 839 E. 13th Ave. FREE.

Trivia, 8pm, Duck Bar, 1795 W. 6th Ave. FREE.

Blazing Paddles continues. See Thursday, Jan. 4.

Board Game Night continues. See Thursday, Jan. 4.

Duplicate Bridge continues. See Thursday, Jan. 4.

Pool Hall continues. See Thursday, Jan. 4.

**SOCIAL DANCE** Coalescence: Community Estatic Dance, 6:45pm, The Vet's Club Main Ballroom, 1626 Willamette St. \$8-\$12.

Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, 7:45pm dance, Willamalane Adult Activity Ctr., 215 W. C St., Spfd., 541-344-7591. \$3-\$7.

UO West Coast Swing Dance Club, 7pm lessons, 8:10pm social dance, UO Campus, Living Learning Ctr. S. Performance Hall, 1455 E. 15th Ave. FREE.

Two-Step Tuesday, country dancing night, \$2 food/drink specials, 7:30pm, Elks Lodge, 1701 Centennial Blvd., Spfd. FREE.

Bailonga: Argentine Tango Milonga, lessons & open dance,

8:11pm, Vet's Club, 1626 Willa-mette St., bailonga.org. \$5.

**SPIRITUAL** Dzogchen Practice, Tibetan Buddhism, 6:30pm, Uni-versalist Unitarian Church, 1685 W. 13th Ave., rm. 2. FREE.

Refuge Recovery, 6:30-8pm, Unitarian Church, 1685 W. 13th Ave. rm. 5. FREE.

**VOLUNTEER** Garden & Com-munity: Tuesdays at Hendricks Park, learn gardening tech-niques, work party, 9am-noon, Hendricks Park, Summit Ave. & Skyline Blvd. FREE.

Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party continues. See Thursday, Jan. 4.

**ART/CRAFT** Open Session Figure Drawing, 6:30-9pm, Emerald Art Ctr., 500 Main St., Spfd. \$6.

Group show, Best of Vista con-tinues. See Thursday, Jan. 4.

**DANCE** Xcape Dance Company, 7pm red carpet, 8pm show, HiFi Music Hall, 44 E. 7th Ave. \$10-\$13.

**FARMERS MARKETS** The Corner Market, fresh local produce, noon-6pm, 295 River Rd., 541-513-4527. FREE.

Bailey Hill Farmers Market, 3-7pm, Bailey Hill Market, 3190 Bailey Hill Rd., spencercreekmarkets.org. FREE.

Coast Fork Farm Stand continues. See Saturday.

**FILM** "Labyrinth of Lies" (2014), 1pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

Tai Chi: Moving for Better Balance continues. See Monday.

**FOOD/DRINKS** Wine Wednes-day, Customized wine flights, discounted glass pours & cheese plates, 5-8pm, Tap & Growler, 207 E. 5th Ave. \$5-\$15.

**GATHERINGS** Overeaters Ano-nymous, 8-9am, First Christian Church, 1166 Oak St., oaeugene.org. FREE or don.

Nar-Anon Meeting, 12:30pm, Spfd. Lutheran Church, 1542 I St., Spfd. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. FREE.

Cascade Mycological Society

Meeting, Dr. Erica Cline - Toxic Metals in Wild Harvested Mushrooms, 7pm, Amazon Community Ctr., 2700 Hilyard St., cascademyc.org. FREE.

"Out of the Fog," meeting of Marijuana Anonymous, 7:30pm, St. Mary's Episcopal Church, 1300 Pearl St. FREE.

**HEALTH** Cognitive Emotional Wellness Acupuncture, 10am-12:15pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

Pet Grief Support Group (death or loss), 11:30am-12:30pm, Companioning Care LLC, RSVP & location: 541-255-7116. \$5-\$20.

Pet-Illness Coping Support Group, 1-2pm, Companioning Care LLC, RSVP & location: 541-255-7116. \$5-\$20.

Health Qigong continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

**KIDS/FAMILIES** Lapsit Story-time, ages 3 & under w/adult, 10am, Spfd Library, 225 5th St., Spfd. FREE.

Preschool Storytime, 10:15 am & 11am, downtown library. FREE.

SPL After School Club: Random Acts of Kindness, 3:45pm, Spfd Public Library, 225 5th St., Spfd. FREE.

Family STEAM, enjoy hands-on fun & learning together w/science, technology, etc., 4pm, Sheldon Library, 1566 Coburg Rd. FREE.

Legos, 4pm, Eugene Public Library. FREE.

Children's Intro to Ki-aikido continues. See Monday.

Family Swims at warm saltwa-ter Tamarack Pool continues. See Saturday.

**LECTURES/CLASSES** Eric Ward "Concerning Democracy" - How Systemic Bias in Services Strengthens White Supremacy, 5:30-7pm, LCC Main Campus, Ctr. for Meeting & Learning, 4000 E. 30th Ave. FREE.

Responding to Life's Challenges in a Meaningful Way, 7:30pm, Sweaty Ganesh Yoga Studio, 820 Charnelton St. \$10 sug. don.

Samba Ja Community Brazilian Percussion Ensemble, practice for performance approved

members, introduction & begin-ners please see Monday listing, 7:30pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE.

Intro to Ki continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Talks at the MNCH continues. See Thursday, Jan. 4.

## WEDNESDAY

JANUARY 10

SUNRISE 7:46AM, SUNSET 4:54PM

AVG. HIGH 46; AVG. LOW 33

**ART/CRAFT** Open Session Figure Drawing, 6:30-9pm, Emerald Art Ctr., 500 Main St., Spfd. \$6.

Group show, Best of Vista con-tinues. See Thursday, Jan. 4.

**DANCE** Xcape Dance Company, 7pm red carpet, 8pm show, HiFi Music Hall, 44 E. 7th Ave. \$10-\$13.

**FARMERS MARKETS** The Corner Market, fresh local produce, noon-6pm, 295 River Rd., 541-513-4527. FREE.

Bailey Hill Farmers Market, 3-7pm, Bailey Hill Market, 3190 Bailey Hill Rd., spencercreekmarkets.org. FREE.

Coast Fork Farm Stand continues. See Saturday.

**FILM** "Labyrinth of Lies" (2014), 1pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Health Qigong continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

## CALENDAR

**ON THE AIR** "Truth Television," live call-in local news/politics, 6pm, Comcast 29.

"That Atheist Show," weekly call-in, 7pm, Comcast 29, 541-790-6612.

"The Point" continues. See Thursday, Jan. 4.

**OUTDOORS/RECREATION** Mom & Baby Stroller Run, 9:30am, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Community Group Run, 3-6 miles, 6pm, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Trivia w/Ras D & Kat, 6pm, Friendly St. Deli, 2757 Friendly St. FREE.

Trivia w/Elliott Martinez, 7pm, 16 Tons Cafe, 2864 Willamette St. FREE.

WDYK Trivia w/Nick, 7pm, Bugsy's Bar & Grill, 559 N. Pacific Hwy., Junction City, 541-998-5185. FREE.

Cards Against Humanity w/ Kevin, 8pm, First National Tap-house, 51 W. Broadway. FREE.

Pinball Knights, 3-strokes pinball tournament, 21 & over, 8pm, Blairally, 245 Blair Blvd., 541-683-1721. \$5 buy in.

Trivia w/Ty Connor, 8pm, Starlight Lounge, 830 Olive St. FREE.

WDYK Trivia w/Alan, 9pm, The Wild Duck, 1419 Villard St., 541-485-3825. FREE.

WDYK Trivia w/Stephanie, 9pm, Prime Time Sports Bar, 1360 Mohawk Blvd., Spfd, 541-746-0549. FREE.

Blazing Paddles continues. See Thursday, Jan. 4.

Duplicate Bridge continues. See Thursday, Jan. 4.

Play Petanque! continues. See Sunday.

Pool Hall continues. See Thursday, Jan. 4.

Oigong continues. See Monday.

**SOCIAL DANCE** Ballroom Dancing, ages 18+, 7pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$3-\$3.50.

Contact Improvisation Jam, w/half-hour guided warm-up, drop-ins & no experience fine, 6:15-8:15pm, Xcape Dance, 420 W. 12th Ave. info at 206-356-0354. \$5-\$12.

Scottish Country Dancing, 7-9pm, Santa Clara Grange,

295 Azalea Dr. First time FREE, monthly \$15.

Lindy Hop, East Coast, Charleston, 8-10pm, Veterans Memorial Building, 1626 Willamette St. \$5.

Dance Empowered w/Cynthia Valentine continues. See Saturday.

**SPIRITUAL** Insight Meditation, 6:30-8pm, YogaMind Studio, 1339 Oak St. don.

Buddhist meditation class, guided meditation & teaching, 7:8-15pm, Sweaty Ganesh Yoga, 820 Charnelton. \$10 sug. don.

Refuge Recovery, 7-8:30pm, Unitarian Church, 1685 W. 13th Ave. Rm. 2. FREE.

**TEENS** Grrrl Jamz, practice an instrument w/Grrrlz Rock, for girls 10-18, 3:30-5pm, Ophelia's Place, 1577 Pearl St., #100. FREE.

Women's Advisory Council for girls 14-18, 4-5pm, Ophelia's Place, 1577 Pearl St., #100. FREE.

**THEATER** Tesla: Light, Sound, Color, 8pm today & tomorrow, Hult Ctr. \$27-\$37.50.

**VOLUNTEER** Volunteer Orientation, 7pm, WOW Hall. FREE.

Men's Meet Up continues. See Thursday, Jan. 4.

Mindfulness Group continues. See Thursday, Jan. 4.

NAMI Connection Support Group for people w/mental health issues continues. See Thursday, Jan. 4.

Overeaters Anonymous continues. See Thursday, Jan. 4.

Resist Trump continues. See Thursday, Jan. 4.

Speed Dating for All continues. See Thursday, Jan. 4.

**HEALTH** Cycle continues. See Thursday, Jan. 4.

Nia Fusion Fitness continues. See Thursday, Jan. 4.

Tai Chi continues. See Thursday, Jan. 4.

WDYK Trivia w/Alan continues. See Thursday, Jan. 4.

WDYK Trivia w/Kevin continues. See Thursday, Jan. 4.

**SOCIAL DANCE** Crossroads Blues Fusion Weekly Blues & Fusion Dance continues. See Thursday, Jan. 4.

English & Scottish Country Dancing continues. See Thursday, Jan. 4.

Line Dance Lessons continue. See Thursday, Jan. 4.

Music & Dance Workshops w/ Taller de Son Jarocho continues. See Thursday, Jan. 4.

Walkers storytime continues. See Thursday, Jan. 4.

**LECTURES/CLASSES** I Can Help You Stop Smoking, ages 18+, learn how hypnotherapy can lead to success in quitting smoking, 2:30pm, Willamalane Adult Activity Ctr., 215 W. C St. FREE.

Wall Street Forestry in Oregon - a presentation by Chuck Willer of the Coast Range Assoc., 7pm, Eugene Garden Club, 1644 High St. FREE.

DanceAbility Class continues. See Jan. 4.

**LITERARY ARTS** Noah Strycker, author of "Birding w/out Borders," talk & signing, 7pm, Tsunami Books, 2585 Willamette St. FREE.

**ON THE AIR** "Arts Journal" continues. See Thursday, Jan. 4.

"The Point" continues. See Thursday, Jan. 4.

Thursday Night Jazz w/David Gisara continues. See Jan. 4.

**OUTDOORS/RECREATION** Adult introduction to ki-aikido continues. See Thursday, Jan. 4.

Friends & Family Discussion Group continues. See Thursday, Jan. 4.

Board Game Night continues. See Thursday, Jan. 4.

Categorically Correct Trivia w/ Elliot Martinez continues. See Thursday, Jan. 4.

Centennial chess club continues. See Thursday, Jan. 4.

Cribbage Tournament continues. See Thursday, Jan. 4.

Duplicate Bridge continues. See Thursday, Jan. 4.

Lunchtime Tap & Growler Running Group continues. See Thursday, Jan. 4.

Pool Hall for seniors continues. See Thursday, Jan. 4.

Tai Chi continues. See Thursday, Jan. 4.

WDYK Trivia w/Alan continues. See Thursday, Jan. 4.

WDYK Trivia w/Kevin continues. See Thursday, Jan. 4.

**SOCIAL DANCE** Crossroads Blues Fusion Weekly Blues & Fusion Dance continues. See Thursday, Jan. 4.

English & Scottish Country Dancing continues. See Thursday, Jan. 4.

Line Dance Lessons continue. See Thursday, Jan. 4.

Music & Dance Workshops w/ Taller de Son Jarocho continues. See Thursday, Jan. 4.

**LECTURES/CLASSES** Refuge Recovery continues. See Thursday, Jan. 4.

Zen Meditation continues. See Thursday, Jan. 4.

**TEENS** Teen Book Club, discussing "Dreamland" by Robert L. Anderson, 4:30pm, Spfd Public Library, library conference rm., 225 5th St., Spfd. FREE.

Acoustic GRRRL JAM continues. See Thursday, Jan. 4.

**THEATER** THE SLOTH: True stories, told live. Topic: New & scary, bring an original story to share!, 7:30-9:30pm, Atrium Bldg., 99 W. 10th Ave. FREE.

Tesla: Light, Sound, Color continues. See Wednesday.

**VOLUNTEER** Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party continues. See Thursday, Jan. 4.

## THURSDAY

### JANUARY 11

SUNRISE 7:45AM; SUNSET 4:56PM  
AVG. HIGH 46; AVG. LOW 33

**ART/CRAFT** Group show, Best of Vista continues. See Thursday, Jan. 4.

The Mystique of Colored Pencils. See Thursday, Jan. 4.

**GATHERINGS** 350 Eugene Winter Potluck & Meet-up, campaign updates & action break-outs, vegetarian potluck, bring food or beverage to share & eating utensils, 6pm potluck, 7pm meeting, 6:8-30pm, First United Methodist Church, 1376 Olive St. FREE.

Atheist, Agnostics & Free Thinker AA continues. See Thursday, Jan. 4.

Downtown Toastmasters continues. See Thursday, Jan. 4.

Emerald Photographic Society Club Meeting continues. See Thursday, Jan. 4.

Friends & Family Discussion Group continues. See Thursday, Jan. 4.

Board Game Night continues. See Thursday, Jan. 4.

**ON THE AIR** "Arts Journal" continues. See Thursday, Jan. 4.

"The Point" continues. See Thursday, Jan. 4.

Thursday Night Jazz w/David Gisara continues. See Jan. 4.

**OUTDOORS/RECREATION** Adult introduction to ki-aikido continues. See Thursday, Jan. 4.

Friends & Family Discussion Group continues. See Thursday, Jan. 4.

Board Game Night continues. See Thursday, Jan. 4.

**MOVIES THAT MATTER** Serving the Eugene Community for Over 35 Years!

### DARKEST HOUR (PG-13)

12:00, 2:45, 5:30, 8:15

\*12 pm show on Wednesday will be played with open captions

### LADY BIRD (R)

11:30 am, 1:45, 6:30

### THREE BILLBOARDS OUTSIDE EBBING, MISSOURI (R)

4:00, 8:45

### COMING SOON:

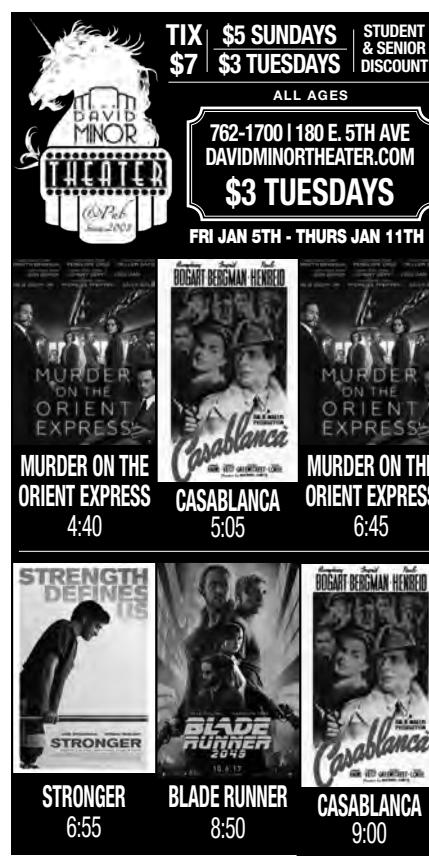
PHANTOM THREAD (1/19)

2018 OSCAR NOMINATED SHORTS - LIVE ACTION & ANIMATION (2/9)

Local beer, wine and cider... & now kombucha on tap!

TICKET PRICES: MATINEE before 5pm \$6

ADULT \$8 | STUDENT \$7 | SENIOR 62+ \$6 CHILD age 12 & under \$6



**Sunrise**  
Asian Food Market

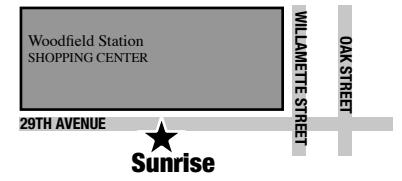
Now Featuring  
Middle Eastern Food & Vegetarian Items

Including Vegetarian Seafood, Meat Substitutes & Snacks

### Asian Groceries

Seaweed, rice, noodles, frozen products, deli, snacks, drinks, sauces, spices, produce, housewares, and more.

Sushi & Asian deli take-out



www.sunriseasianfood.com

M-Th 9am-7pm•F 9am-8pm•Sa 9am-7pm•Su 10am-6pm  
70 W. 29th Ave. Eugene • 541-343-3295

tion, 5:30-7:30pm, The Arts Ctr., 700 S.W. Madison St., Corvallis. FREE.

**FRIDAY, January 5:** OSUsed Store Sale, weekly public sale w/furniture, computers, office supplies, etc., 12-3pm today & 5:30-7:30pm Tuesday, Property Services, OSUsed Store, OSU Campus, Corvallis. FREE.

Sharon Poppleton art reception, 6-8pm, Gallery Calapooia, 222 W. 1st Ave., Albany. FREE.

**SUNDAY, January 7:** Taoist Meditation Group: "Preserving the Light of the One," 9-10am, First Alternative Co-op North Store, 2855 N.W. Grant Ave., Corvallis. FREE.

**MONDAY, January 8:** Open auditions for Disney's Tarzan, ages 6-22+ for main cast & 4-7 for "telegrammers," prepare short song, headshot/resume, 6:30pm today & tomorrow, C.R.O.W. Ctr., 3120 Hwy 101, Florence. FREE.

**TUESDAY, January 9:** Open auditions for Disney's Tarzan continue. See Monday.

OSUsed Store Sale continues. See Friday.

**WEDNESDAY, January 10:** Death Café Corvallis, Got thoughts about mortality? noon, Interzone, 1563 N.W. Monroe Ave, Corvallis, facebook.com/groups/deathcafecorvallis. FREE.

Lecture w/Noted tropical ecologist Barbara Zimmerman, 4pm, OSU Campus, Learning Innovation Ctr., rm. 302, 165 S.W. Sackett Pl., Corvallis. FREE.

NAMI Lane County's Connection Support Group in Florence, 6:30-8pm, New Winds Apartments Community Rm., 750 Lauren St., Florence. FREE.

**THURSDAY, January 11:** "Stop the Fracked Gas Pipeline" Lobby Day & Rally, join the NO LNG Coalition to ask Gov. Brown to deny the Pacific Connector Pipeline & Jordan Cove Export Terminal, 10:30am meet at First United Methodist Church, 1376 Olive St. to travel to the state capitol in Salem, reigster carpart97405@yahoo.com. FREE.

Long Term Care Ombudsman - Certified volunteers needed to serve as resident advocates. Must be 21+, pass background check & attend 48 hr initial training & 10 hrs of continuing education annually. Contact Diane at 541-345-2846.

**ATTENTION OPPORTUNITIES**

Due date for the calendar is noon the Thursday before the

Thursday issue in which you would like your event published. For example, if you'd like to be included in our January 11 edition, please follow our formatting guidelines w/the date, name of the event, time, place, address & send it to cal@eugeneweekly.com in the body of the email by Thursday, January 4 at noon.

Ongoing volunteer opportunity: Change a life, be a mentor w/ Sponsors Inc. Contact jsmith@sponsorsinc.org or 541-735-6400.

2018 Homeless Point in Time Count: January 31, 2018. As a volunteer, you will gain a hands-on view at homelessness in our community. Volunteers collect the important data that provides a snapshot of the problem of homelessness. Sign up or info at lanecounty.org/homelesscount.

AARP Tax-Aide Preparers & Facilitators needed to provide free tax preparation for middle to low income individuals & families. Contact Don at donrdoerr@comcast.net.

Senior Meals - Café 60 volunteers are needed to prepare & serve meals at various sites. Call Heather at 541-682-4268 or go to laneseniormeals.org.

SMART Head Start Readers needed in Eugene & Spfd to increase literacy skills preparing children to enter school. Contact Laurie at 541-726-3302.

Middle School Lunchtime Mentor Program pairs adults w/middle school students who need support. Meet once a week during the school year for 30 mins at lunchtime for conversation, sharing & support. Go to 4j.lane.edu & search for "mentoring."

McKenzie Willamette Medical Ctr. volunteers needed for Monday-Friday mornings & afternoons. Range of opportunities available. Call



# MUSIC LISTINGS

## THURSDAY 1/4

**B&B LOUNGE** Karaoke—9:30pm; n/c  
**THE BARNLIGHT** Karaoke w/Breezy Bee—9pm; n/c  
**BEERGARDEN** Dennis Smith Project—7:30pm; folk, rock, n/c  
**COWFISH** 90s Night!—9pm; n/c  
**DEXTER LAKE CLUB** Karaoke w/Jared—9pm; n/c  
**THE DRAKE** 80s Night—10pm; live DJ, n/c  
**HAPPY HOURS** Crystal Harmony Karaoke—8pm; n/c  
**HI-FI LOUNGE** Coyote w/Ferns—9pm; stoner rock, \$5  
**JAZZ STATION** Dana McWayne—7:30pm; jazz, \$12  
**LUCKY'S** Grateful Dead Family Jam—10pm; dead covers, open jam, \$3  
**MAX'S** DJ Victor—10pm; hits, old standards, requests, n/c  
**MCSHANE'S** Acoustic Underground Open Mic—7:30pm; n/c  
**MULLIGAN'S PUB** Karaoke—9pm; n/c  
**OLD NICK'S** Gobloots, Minor Cat, MOUTH MOUTH—9pm; indie, experimental, folk, \$5  
**OVERTIME BAR & GRILL** Blues Jam w/Dave Roberts ft. Danielle Ward—7pm; n/c  
**SAM BOND'S GARAGE** Los Cumbiamberos—9pm; Cumbia, salsa, Merengue, \$3  
**SHADOWFOX** Open Mic—8pm; n/c  
**TERRITORIAL VINEYARDS TASTING ROOM** Down Home Boys—7pm; blues, covers, n/c

## FRIDAY 1/5

**16 TONS** Still Thinking—6pm; acoustic americana, n/c  
**5TH ST CORNUCOPIA** Elena Leona Project—9:30pm; n/c  
**AXE & FIDDLE** Jobe Woosley & Co—8:30pm; folk, americana, n/c  
**BLAIRALLY** Church of the 80s Night w/Chris, Jen & John—9pm; DJ, \$3  
**BREWSTATION** Tatiamo—7:30pm; contemporary covers & originals, n/c

**BRONCO SALOON** Karaoke w/Lindsey—9pm; n/c  
**COWFISH** Freek-Nite w/SPOC—3pm—9pm; underground, pop, remix, \$3

**THE DAVIS** DJ Crown—10:30pm; hip-hop, dance, reggaeton, \$5

**DOC'S PAD** Karaoke w/KJ Power—9pm; n/c

**THE DRAKE** Dancing—10pm; live DJ, n/c

**DRIFTWOOD BAR** Karaoke w/Slick Nick—9pm; n/c

**EL TAPATIO CANTINA** Karaoke w/KJ Rick—9pm; n/c

**HI-FI LOUNGE** Psybionic & The Widdler—10pm; electronic, dubstep, \$12-\$15

**JAZZ STATION** Open house: Jack Radsliff—5:30pm; jazz, n/c. Sundae & Mr. Goessl—7:30pm; jazz, \$12

**JERSEY'S** Karaoke w/Sassy Patty—9pm; n/c

**KEG TAVERN** Karaoke w/Caught in the Act—9pm; n/c

**LUCKY'S** Bad Music for Bad People w/DJs Lawless, Calli & Dawn Baby—9pm; \$3-\$5

**MAC'S** Motown Revue—8pm; motown, \$7

**MOE'S JAZZ** Comedown ft. Barbara Dzuro w/poetry—6pm; n/c

**MOHAWK TAVERN** Reckless Rockhounds—9pm; rock, n/c

**NOBLE ESTATE URBAN** Noble Friday Nights—6pm; n/c

**O BAR** Karaoke w/Jared—9pm; n/c

**OLD NICK'S** Michael Roderick (Mood Area 52), Naked Luck, Nine Dice—9pm; indie, rock, folk, \$5

**SAGINAW VINEYARD** 2 Hot 4 Fido—6pm; country, n/c

**SAM BOND'S FOUNDRY** Fillmore Girls, Grand Ronde String Band—7:30pm; bluegrass, old timey, n/c

**SAM BOND'S GARAGE** Fiddlin' Big Sue Band, Wild Hogs in the Woods—9:30pm; country swing, blues, new grass, jazz, \$3-\$5

**SPFD ELKS** BTM Karaoke—8pm; everyone welcome, n/c

**SWEET CHEEKS WINERY TASTING ROOM** Eddie Butler w/Nila—6pm; acoustic originals, covers, n/c

**NOBLE ESTATE TASTING ROOM** Scott Austin—6pm; R&B, pop, n/c

**TERRITORIAL VINEYARDS TASTING ROOM** The Miller Brothers—7pm; 70s & 80s dance party, n/c

**WAYWARD LAMB** Glamazons Drag Cabaret—10pm; burlesque, cabaret, \$5

**WHIRLED PIES** Whirled Music Series ft. Glass Roots Band—6pm; psychedelic jam, rock, n/c

**WHITE HORSE SALOON** Karaoke w/KJ Mike—9pm; n/c

**YUKON JACK'S** Justin Case—9pm; classic rock, n/c

## SATURDAY 1/6

**5TH ST CORNUCOPIA** Goshwood—9:30pm; n/c

**AXE & FIDDLE** Minor Cat, TBA—8:30pm; n/c

**BEERGARDEN** Breakers Yard—7:30pm; bluegrass, n/c

**BOARD** Invisible Arts Project—8:30pm; jazz, n/c

**BREW & CUE** Sassy Patty, BTM Karaoke—9pm; n/c

**BREWSTATION** Dave Wenz—7:30pm; indie, jazz, originals & covers, n/c

**COWFISH** Sup! w/Michael Human—9pm; hip-hop, electro, top 40, \$5

**CUSH CAFE** Open Mic—2pm; n/c

**THE DRAKE** Karaoke—9pm; n/c

**THE EMBERS** Karaoke w/Sassy Patty—7pm; n/c

**FIRST UNITED METHODIST CHURCH** Twelfth Night Celebration w/Joe Manis, saxophone & FUMC Handbell Choirs—3pm; Sug. Don. \$10 & cans for FOOD for Lane County

**JAZZ STATION** Sunday Learners Jam—2:30pm; jazz, \$5 Don.

**LUCKY'S** The Broadway Revue Burlesque Show!—10pm; variety, \$5

**MOHAWK TAVERN** Karaoke w/caught in the act—9pm; n/c

**MULLIGAN'S PUB** Open mic—8:30pm; variety, n/c

**OLD NICK'S** Monarch, Color, White Wail—9pm; prog, psych rock, stone, \$5

**RIVER STOP RESTAURANT** River Stop Sunday Jam w/Brian Chevalier—5:30pm; n/c

**SEASONS BAR & GRILL** Karaoke w/Tobey—7pm; n/c

**WEBFOOT** Karaoke w/KJ Power—9pm; n/c. DJ Crown NYE Bash—10pm; dance & party classics, n/c

**NOBLE ESTATE TASTING ROOM** Scott Austin—6pm; R&B, pop, n/c

**OLD NICK'S** Caribbean Night w/DJ Crown—10pm; reggae, dance hall, \$3

**QUACKER'S** Ladies Night & DeeJay—9pm; n/c

**SAM BOND'S FOUNDRY** Dinsfriend Trio (D3o)—7pm; jazz, blues, americana, n/c

**SAM BOND'S GARAGE** Jake McNeillie & Co., Betty & The Babes—9:30pm; country, americana, \$5

**SPFD ELKS LODGE** Country DJ & Dance—7pm; \$5

**TIME OUT** Shot Glass—9pm; 60s current classic rock, n/c

**TSUNAMI BOOKS** Larry Pattis & Justin King—7:30pm; american guitar masters, \$15

**WHITE HORSE SALOON** Karaoke w/Sarah—9pm; n/c

**WHITE HORSE SALOON** Karaoke w/Sarah—9pm; n/c

**WOW HALL** Vial... Experiment, Toxic Zombie, Sweater for an Astronaut, Val Bauer—7:30pm; hard rock, \$8-\$10

**5TH ST CORNUCOPIA** Jesse Meade w/Dan Mahoney—9:30pm; n/c

**AXE & FIDDLE** 133rd monthly Open Mic Benefit for Habitat for Humanity—6:30pm; n/c or Don.

**COWFISH** Trap-House Tuesday w/Wes Light—9pm; n/c

**CUSH** Poetry Open Mic—7:30pm; n/c

**DEXTER LAKE CLUB** Acoustic Night w/Brian Chevalier—6pm; n/c

**THE EMBERS** DJ Victor—8pm; current hits, standards, requests, n/c

**HI-FI LOUNGE** Reggae Night—9pm; reggae jam, n/c

**LEVEL UP** Karaoke w/Kade—9pm; n/c

**LUCKY'S** Amusedays w/Chaz Logan Hyde!—10pm; open mic, comedy, n/c

**MAC'S** Rooster Preamble Ramble—6:30pm; n/c. Roosters Blues Jam w/Skip Jones & Byron Case—7pm; blues jam, n/c

**MAX'S** Classic Crooner Productions—10pm; karaoke, n/c

**MULLIGAN'S PUB** Steve Ibach—8pm; acoustic, n/c

**O BAR** Karaoke w/Jared—9pm; n/c

**OLD NICK'S** Weirdo's Experimental Open Mic w/Dave & Tes—9pm; n/c

**SAM BOND'S GARAGE** Bluegrass Jam—9pm; n/c

**WHITE HORSE SALOON** Karaoke w/Sarah—9pm; n/c

**WOW HALL** Instrument Petting Zoo—3pm; n/c. Cafe WOW w/Gossamer Strings, Caitlin Jemma, Meadow Rue—7pm; old-time, folk, Don.

## MONDAY 1/8

**AXE & FIDDLE** Western Centuries—8pm; n/c

**BUGSY'S** Monday Bug—7pm; acoustic, n/c

**CENTENNIAL STEAK HOUSE** Karaoke w/Crystal Harmony & Makada—9pm; n/c

**COWFISH** Motown Monday w/DJ Kingsley Strangelove—9pm; soul, n/c

**THE EMBERS** Sassy Patty Karaoke w/Marcus—8pm; n/c

**FIRST NATIONAL TAPHOUSE** Open Mic—8pm; n/c

**OLD NICK'S** Irish Jam—6pm; n/c

## TUESDAY 1/9

**5TH ST CORNUCOPIA** Jesse Meade w/Dan Mahoney—9:30pm; n/c

**MAX'S** Lonesome Randall—7pm; rock & roll historian, n/c

**MOHAWK TAVERN** Karaoke w/Caught in the Act—9pm; n/c

**MULLIGAN'S PUB** Open Mic—8:30pm; variety, n/c

**OLD NICK'S** Eugene Order of Steel Happy Hour Bout—7pm; n/c. Mini Experimental Music Fest: Purple Frankie, Depleted Your Cranium, Erase Yourself, My Burning Bush—9pm; experimental, jazz, noise, \$5

**THE POKER LOUNGE** DJ'd Party Nights—8pm; 2-4 local DJs playing techno, house, pop, etc., n/c

**SAM BOND'S GARAGE** Cairo Knife Fight, Psyrup, Critical Shakes—9pm; rock, \$6

**WEST END TAVERN** Karaoke—9pm; n/c

**WHIRLED PIES** Grateful Wednesdays, films of Grateful Dead shows from the past—8pm; n/c

## WEDNESDAY 1/10

**BREW & CUE** Crystal Harmony Karaoke—9pm; n/c

**COWFISH** Local DJ Review—9pm; n/c

**HAPPY HOURS** Mama Jan's Blues Jam w/Brian Chevalier—8pm; n/c

**HI-FI LOUNGE** Funk Night—10pm; funk jam, n/c

**ISLAND HUT** Karaoke w/Jared—5pm; n/c

**JERSEY'S** Karaoke w/Sassy Patty—8pm; n/c

**LUCKY'S** Wednesday Night Groove Sessions w/The Sunday Bump!—10pm; funk, jazz, open jam, \$3

**MAC'S** Jazz & Variety w/Gus Russell & Paul Biondi—6pm; n/c

**MAX'S** Lonesome Randall—7pm; rock & roll historian, n/c

**MOHAWK TAVERN** Karaoke w/Caught in the Act—9pm; n/c

**MULLIGAN'S PUB** Open Mic—8:30pm; variety, n/c

**OLD NICK'S** Eugene Order of Steel Happy Hour Bout—7pm; n/c. Mini Experimental Music Fest: Purple Frankie, Depleted Your Cranium, Erase Yourself, My Burning Bush—9pm; experimental, jazz, noise, \$5

**THE POKER LOUNGE** DJ'd Party Nights—8pm; 2-4 local DJs playing techno, house, pop, etc., n/c

**SAM BOND'S GARAGE** Cairo Knife Fight, Psyrup, Critical Shakes—9pm; rock, \$6

**WEST END TAVERN** Karaoke—9pm; n/c

**WHIRLED PIES** Grateful Wednesdays, films of Grateful Dead shows from the past—8pm; n/c

**CORVALLIS & THE REGION**

## WILLAMETTE UNIVERSITY

Salem

**SA** Willamette University Chamber Choir & Willamette Singers—7pm; n/c or Don.

## FIRST UNITED METHODIST CHURCH

Corvallis

**SU** Willamette University Chamber Choir & Willamette Singers—9:30am; n/c

## MEDFORD CONGREGATIONAL UNITED CHURCH OF CHRIST

Medford

**SU** Willamette University Chamber Choir & Willamette Singers—7:30pm; n/c or Don.

## THAT ROCK 'N' ROLL FEELING

Tatiana Havill Affatati, bassist and back-up vocalist with new Eugene garage-rock three-piece Nudie Mags, has been reading David Byrne's book *How Music Works*. She's particularly interested in the bit Byrne writes about how, before modern recording technology, music was written specifically to fill the space where it was performed, from the concert hall to the beer hall.

So what kind of space is her band best suited for? "Parties!" say Affatati and the rest of the band members: guitarist and primary songwriter Alex Petroc and drummer Austin Crabtree. Nudie Mags have released their debut EP, *Nudie Mags*, and it's available now on *Bandcamp* and on limited-edition cassette.

The EP, sounding a bit like an old Rolling Stones demo, is certainly rough: a true bedroom recording produced in actual bedrooms by Chase Clark of Eugene band VCR. "He lit a fire under our butts," Petroc says of Clark. But the result is dangerously good: a filthy rock-'n'-roll fastball.

# MIC CHECK

Eugene's One Dollar Check pushes the boundaries of reggae

**R**eggae is not monolithic. Yet — a little like country music, hip hop or punk — stereotypes exist about how reggae should sound, how the music should be played and even how reggae musicians should look and act. Eugene reggae-rock act **One Dollar Check** tells me they hope to dispel some of these notions with their latest release, *Fill the Void*.

The new recording is the band's second studio album and the first for Roots Musician Records, a Southern California record label specializing in contemporary West Coast reggae. Partnering with Oregon-based Smile Movement Presents, One Dollar Check is headed for an extensive tour of the Western U.S. The band will celebrate the release of *Fill the Void* Jan. 19 at WOW Hall.

One Dollar Check bassist Elijah Constantinescu says a lot of West Coast reggae bands get accused of being just a bunch of white guys playing a style of music popularized on the island of Jamaica. Based on many of Eugene's most popular bands, it's tempting to agree. But Constantinescu feels One Dollar Check embraces the culture of reggae while adding enough elements of rock and their own Northwest style to stand apart.

So what's unique about Northwest reggae? Talking with the band and me at the band's home in north Eugene, Smile Movement Presents representative Jonathan "Gorilla" Morton calls the Northwest "an island in the continent," and along with California reggae's blend of rock, punk and ska, Morton feels you can hear the working class, tight-knit roots of reggae coming out of the Northwest. He also says you can sense "a high level of community support," something One Dollar Check is grateful to receive in the Eugene/Springfield area. On top of all that, of course, is plenty of ganja.

Vocalist and lyricist Gared Sanne was first exposed to reggae in Hawaii, where he grew up. Hawaiian reggae is a little too "lovey-dovey" for Sanne's taste, so he draws from personal inspiration for his music, such as on the track "Blame it On Me." He says *Fill the Void* has a "really good balance of emotions," and that the band had a lot of struggles going into making the record. A tough lineup change saw a founding member leave the group, and Sanne says he recently beat cancer with the help of medicinal cannabis. "Every song has a different formula," he adds.

The rest of One Dollar Check's lineup, including Aaron Pierce on guitar and Charles Gallegos on drums, come from Lane County and know each other either from high school or from the local music scene. Outside of reggae, One Dollar Check's influences range from death metal to rap. Constantinescu says he knew the band would work because they all had a "similar sense of humor." Recalling their first time playing together, Sanne says simply, "We made up a song and we liked it."

"I don't see us as just a reggae band," Constantinescu says. "We like to pick up the speed," Gallegos adds, and Sanne says it best: "Music shouldn't set boundaries."

One Dollar Check agree they make conscious music, blending personal subject matter with global awareness. The band's getting noticed around the West Coast and beyond.

One Dollar Check plays with rising Northwest reggae-rock acts **Chiefed** and **The Resinators** 8 pm Friday, Jan. 19, at WOW Hall; \$10 advance, \$12 door, all-ages. *Fill the Void* is out Jan. 19 on all online music streaming services, [onedollarcheckmusic.org](http://onedollarcheckmusic.org), and wherever else music is sold. ■



PHOTO BY JONATHAN "GORILLA" MORTON



EVENTS FOR JANUARY 2018

Unless noted all concerts are \$12 General and \$10 Members

- TH 04 **Dana McWayne** : Originals and standards that maintain the emotion of relentless swing
- FR 05 First Friday **OPEN HOUSE** [ 5:30P—6:30P ] with **FREE live jazz by Jack Radsliff solo guitar**
- FR 05 **Sundae and Mr. Goessl** : Award-winning vintage jazz duo that will charm you
- SA 06 **Amy Jones** : Vocalist performs originals and songs by Betty Carter, Nancy Wilson, Judy Garland
- TH 11 **Idit Shner Quartet with Brian McWhorter** ... Jazz and the Spoken Word  
Celebrate decency, truth, humanity, poetry, and the spirit of jazz ...
- FR 12 **Grindel • Carrigg • Jakes • Cohen Quartet**  
Original compositions and fresh takes on pieces by their favorite composers
- SA 13 **Chris Parker Quartet** : Pianist leads a burning quartet performing a mix of original Latin, funky and straight ahead jazz composition
- TH 18 **Mughal Muesli** : Sax trio performs music inspired by free jazz, Indian, Baroque, and more
- FR 19 **Portland Jazz Series** : **Trio Subtonic with Dan Balmer** ... CD Release party
- SA 20 **Oregon Jazz Festival** : After Hours Jam [ \$10 / \$8 ] ... faculty and students mixing it up
- TH 25 **Portland Jazz Series Joe Manis** : High-energy ensemble plays originals and re-imagined standards
- FR 26 **Garrett Baxter Sextet** : Original music and favorite songs by favorite musicians
- SA 27 **Portland Jazz Series Ryan Meagher** : Album release party with star-studded band explores original compositions

►►► **Tony Glausi's last shows in Eugene** : Two nights/Four shows 01/31 and 02/01 [ 7P and 9P ]  
Join Tony as he highlights his best original jazz repertoire for quintet as well as new material with his R&B/hip-hop group

**Sunday Learners Jams 2:30-5:00P**

An all-ages jam for developing jazz musicians and singers hosted by local musician educators

Unless noted all concerts start at 7:30P \*\*\* Doors open at 7:00P

The Jazz Station is open to all ages

THANKS to our sponsors



**Eugene's Home For LIVE Jazz**

124 West Broadway • Downtown Eugene

Tickets available online at [www.thejazzstation.org](http://www.thejazzstation.org)

**McDONALD THEATRE**  
1010 WILLAMETTE STREET • DOWNTOWN EUGENE • MCDONALDTHEATRE.COM

**The Green**  
MARCHING ORDERS TOUR  
WITH SPECIAL GUESTS  
*Sammy Johnson and Liliani Wallgram*



**SUN JAN 07** | 7:00PM DRS  
8:00PM SHW

**KZEL 96.1 ROCKS presents MARIA BAMBORD**



**FRI JAN 12** | 7:00PM DRS  
8:00PM SHW  
RESERVED SEATING

**STRFKR with Guests**



**REPTALIENS**

**TUE JAN 23** | 8:00PM DRS  
9:00PM SHW

**GRAINBATCH SUPPORT HAYWIRE**



**SAT FEB 10** | 7:00PM DRS  
8:00PM SHW

**DARK STAR ORCHESTRA WINTER TOUR 2018**



**WED FEB 12** | 7PM DRS  
8PM SHW

**OCT** OREGON CONTEMPORARY THEATRE

**Pulitzer Prize-winning comic drama**

**The FLICK**  
by Annie Baker  
directed by John Schmor

January 12 - February 3

Tickets: (541)465-1506 or [octheatre.org](http://octheatre.org)

“Funny, heartbreaking, sly, and unblinking”— NY Magazine

**\* TIX AVAIL. BY CALLING 1-800-992-TIXX.**  
also avail. at [TicketsWest](http://TicketsWest.com) (\$SAFEWAY the EMU or online

**Nancy** *gourmet  
salty and soggy*

**weekly**

**MCDONALD THEATRE.COM**

# ART OUT OF SCIENCE

*Barbara MacCallum uses her scientist husband's publications and his body for art*

If the titles of artworks in Barbara MacCallum's *Appropriating Science* at the Jordan Schnitzer Museum of Art through Jan. 28 remind you of a movie called *The Effects of Gamma Rays on Man-in-the-Moon Marigolds*, as they do me, it's because they are similarly titled after scientific investigations.

But MacCallum's art isn't about "mechanism for cloud spreading," any more than the movie was about gamma rays or marigolds. The movie used a scientific experiment as a metaphor for how events affect people differently; MacCallum uses her scientist husband's published papers as a medium for creating art.

In "Mechanism for Cloud Spreading in the DSMC Model I (Vest)," the artist rolled up pages of her husband's papers and then assembled them to make a vest. The figure wearing the vest has outstretched arms and a long veil that flows when animated by a floor fan, but it's missing a head and, for that matter, the rest of a body as well.

Suspended high from the ceiling, this work of art reads like a figure not quite human — more spiritual than earthly. And though the vest is made out of scientific papers, don't expect to read it. The pages function as tightly wound fringe on a garment that can't be read.

Each artwork, four figures total, is associated with an article of clothing or, in one case, wings. In "Mechanism for Cloud Spreading in the DSMC Model II (Wings)," the pages of scientific papers aren't rolled up. They have been torn in pieces and fabricated into an elaborate winged torso.

This work is the only one that's on a motor. The torso, like a top or a planet, is constantly revolving, and unless you're willing to jog alongside it, reading any of the words is nearly impossible.



'MECHANISM FOR CLOUD SPREADING IN THE DSMC MODEL I (VEST)'

Even if the papers in the show weren't rolled up or adhered to a motor and constantly in motion — even if you could read what was written on the pages — would you understand?

It's often said that science has its own culture and language. So also with art, particularly contemporary art. Depending on your background, you may find one more approachable or easier to appreciate than the other.

Overall, the gallery where the exhibit is held looks less like a science lecture hall than it does a *Vogue* magazine layout. The space contains the makings of a high-end fashion shoot; lights throw dramatic shadows on the walls, a fan blows a long veil across the room and garments are displayed on elongated or fractured figures.

*Appropriating Science* is, according to the artist's statement, a critique of how society values science more than art.

By appropriating the materials of science, MacCallum is “obliterating their usual function” and attempting to “reconfigure science into art.” The work evolved through a collaborative relationship with her husband. Casts of his body are incorporated as well as his papers, and I wonder how he feels having his body of work recycled out of existence.

I'm guessing he is fine with recasting it into art, since he was part of the process. But the question of whether our society appreciates art remains a complicated one.

On the one hand, a relatively small painting is sold at auctions for millions of dollars. On the other hand, art education is funded far less than science.

Our current moment, in which science seems to be devalued by our administration along with the arts, may bring about future collaborations between MacCallum and her husband, taking on the question of value where both art and science are concerned. ■

**DID YOU KNOW?**

**The Y provides diabetes prevention classes to help reduce the risk of diabetes in our community.**

**SO MUCH MORE.**

Eugene Family YMCA. Serving Eugene since 1887.  
Learn more at [eugeneymca.org/diabetes](http://eugeneymca.org/diabetes)

## CLASSIFIEDS

### BULLETIN BOARD

#### Spiritual

LOVE TO SING? INSPIRATIONAL SOUNDS GOSPEL CHOIR has openings for new members. This high-energy, non-profit choir sings African-American Gospel and promotes a message of unity and hope through music. Call Carol: 541-517-3770.

### EMPLOYMENT

#### Help Wanted

AMERICAN DISCOVERY, an international summer homestay program for French and Spanish students, seeks seasonal recruiters now; [Ashley@americanDiscovery.net](mailto:Ashley@americanDiscovery.net) with resume/cover letter. NO recruiters.

MALE CAREGIVER, Day shifts. Non-smoker only. Must be physically fit. Assist with standing, sitting, personal care, transportation, meal prep. \$11-14/hr. Will train. Call Mert 541-579-0119

### WELLNESS

#### Insurance

UNINSURED? WE CAN HELP! Enrollment for OHP (Oregon Health Plan) is open year-round. For more information, Call Planned Parenthood at 541-543-5484.

#### Wellness

NEED BIRTH CONTROL? AN ANNUAL EXAM? STI TESTING AND TREATMENT? Planned Parenthood of Southwestern Oregon accepts patients with Blue Cross Blue Shield (Including Regence BCBS, Federal BD, Premera BCBS, Anthem BCBS), PacificSource, Cigna, MODA, Lifewise, First Choice Health, Trillium, OHP and other insurances. Make an appointment online today at [ppsworegon.org](http://ppsworegon.org) or call 800-230-PLAN

### HOME SERVICES

#### Cleaning

ECO-FRIENDLY CLEANING, fast, efficient with attention to detail. Honest, reliable, competitive rates. 541-952-1071

CONNIE'S CLEANING 1 time, monthly, weekly/bi-weekly. 26 yrs experience. Excellent references, reasonable rates. 541-222-0060

#### Yard & Garden

MOSS REMOVAL, GUTTER CLEANING, YARD CLEANUP. Moving, hauling & more! \$15-\$25/hr. Senior Discounts. Nite: 541-232-3753, Lic. 5564. Eugene & outlying.

#### Hauling

THE RECYCLERS SINCE 1989 Jim Calhoun 541.953.6675 Gus Ramirez 541.514.4283 FALL CLEAN UPS. Save on dump runs, yardwork, bark delivery, chainsaw work, hottubs, scrap removal

#### Recycling

FREE RECYCLING, FREE REMOVAL Appliances, AC units, computers, batteries, metal, mowers, bottles/cans. Tom 541-653-4475. Eugene & outlying.

### PROFESSIONAL SERVICES

#### Attorney/Legal

AFFORDABLE Wills, Trusts, Guardianships, SS Disability and SSI Representation and Legal Advice. Alice M. Plymell, 132 E. Broadway #218, Eugene 541-343-9341

DIVORCE \$155. Complete preparation. Includes children, custody, support, property and bills division. No court appearances. Divorced in 1-5 weeks possibly. 503-772-5295. [www.paralegalalternatives.com](http://www.paralegalalternatives.com) legalalt@msn.com

NEED A WILL? Call Sal Catalano, The Lawyer That Makes House Calls, for an aptt. in your home: 541-525-2884. Powers of Attorney - Advance Directives - Trust Amendments. Website: [www.OregonMobileLawyer.com](http://www.OregonMobileLawyer.com)

#### Dance

ARGENTINE TANGO Classes for beginners, Sunday 3-4p. Monthly: \$50-\$60, Dancing 5-7p \$5 No partner necessary 541-485-6647

### REAL ESTATE

#### Realtors

EUGENE'S ALTERNATIVE - Free BUYER Representation. It's EASIER than you think. We are Eugene's ALTERNATIVE CHOICE. 541-302-5999 [www.AlternativeRealtor.com](http://www.AlternativeRealtor.com)

### RENTALS

#### Rooms for Rent

ROOMS FOR RENT Weekly rates, furnished. Includes utilities, laundry, Internet, TV, Kitchen. In Springfield 541-505-7756

### AUTOS

#### Cars

CASH FOR JUNK VEHICLES. Farm & metal, etc. No title-Not running. Pay \$\$\$ Cash. 541-517-6528

### LEGAL NOTICES

NOTICE TO INTERESTED PERSONS Betty J. Conrad died on December 24, 2017. Deborah J. Sinclair is the Trustee of the Betty J. Conrad Trust. All persons having claims against the Betty J. Conrad Trust are required to present the same, with proper vouchers, to the trustee in care of her attorneys at the address set forth below within 4 months from the date of the first publication of this notice or such claims may be barred. Dated and first published this 4th day of January, 2018. Deborah J. Sinclair, Trustee of the Betty J. Conrad Trust, c/o Monks & Sharp Law Office, 630 Lincoln Street, Eugene, Oregon 97401, Attorneys

NOTICE TO INTERESTED PERSONS Gary Paulson died on November 30, 2017. Susan Akiko Paulson has accepted appointment as Successor Trustee of the Gary Paulson Trust, established on June 24, 2015 and restated on July 27, 2016. All persons having claims against the Gary Paulson Trust are required to present the same, with proper vouchers, to the Trustees in care of their attorneys at the address set forth below within 4 months from the date of the first publication of this notice or such claims may be barred. Dated and first published this 21st day of December, 2017. Susan Paulson, Trustee of the Gary Paulson Trust, c/o Monks & Sharp Law Office, 630 Lincoln Street, Eugene, Oregon 97401, Attorneys

IN THE CIRCUIT COURT OF THE STATE OF OREGON FOR THE COUNTY OF LANE Juvenile Department. In the Matter of: QUINCY WHIPPLE, A Child. Case No. 17JU08946. PUBLISHED SUMMONS TO: SUZANNA ANNA WHIPPLE IN THE NAME OF THE STATE OF OREGON: A petition has been filed asking the court to terminate your parental rights to the above-named child for the purpose of placing the child for adoption. YOU ARE REQUIRED TO PERSONALLY APPEAR BEFORE the Lane County Juvenile Court at 2227 Martin Luther King Jr. Blvd., Eugene, OR 97401, ON THE 1ST DAY OF FEBRUARY, 2018 AT 10:00 A.M. to admit or deny the allegations of the petition and to personally appear at any subsequent court-ordered hearing. YOU MUST APPEAR PERSONALLY IN THE COURTROOM ON THE DATE AND AT THE TIME LISTED ABOVE. AN ATTORNEY MAY NOT ATTEND THE HEARING IN YOUR PLACE. THEREFORE, YOU MUST APPEAR EVEN IF YOUR ATTORNEY ALSO APPEARS. This summons is published pursuant to the order of the circuit court judge of the above-entitled court, dated December 22, 2017. The order directs that this summons be published once each week for three consecutive weeks, making three publications in all, in a published newspaper of general circulation in Lane County. Date of first publication: January 4, 2018. Date of last publication: January 18, 2018.

NOTICE: READ THESE PAPERS CAREFULLY. IF YOU DO NOT APPEAR PERSONALLY BEFORE THE COURT AS DIRECTED ABOVE, THEN YOU MUST APPEAR ON FEBRUARY 15, 2018 AT 10:00 AM AT THE SAME ADDRESS LISTED ABOVE. IF YOU FAIL TO APPEAR FOR BOTH OF THESE DATES OR DO NOT APPEAR AT ANY SUBSEQUENT COURT-ORDERED HEARING, the court may proceed in your absence without further notice and TERMINATE YOUR PARENTAL RIGHTS to the above-named child either ON THE DATES SPECIFIED IN THIS SUMMONS OR ON A FUTURE DATE, and may make such orders and take such action as authorized by law. RIGHTS AND OBLIGATIONS (1) YOU HAVE A RIGHT TO BE REPRESENTED BY AN ATTORNEY IN THIS MATTER. If you are currently represented by an attorney, CONTACT YOUR ATTORNEY IMMEDIATELY UPON RECEIVING THIS NOTICE. Your previous attorney may not be representing you in this matter. IF YOU CANNOT AFFORD TO HIRE AN ATTORNEY, and you meet the state's financial guidelines, you are entitled to have an attorney appointed for you at state expense. TO REQUEST APPOINTMENT OF AN ATTORNEY TO REPRESENT YOU AT STATE EXPENSE, YOU MUST IMMEDIATELY CONTACT the Lane County Juvenile Department, 2227 Martin Luther King Jr. Blvd., Eugene, Oregon 97401, phone number 541-682-4754, between the hours of 8:00 a.m. and 5:00 p.m. for further information. IF YOU WISH TO HIRE AN ATTORNEY, please retain one as soon as possible and have the attorney present at the above hearing. If you need help finding an attorney, you may call the Oregon State Bar's Lawyer Referral Service at (503) 684-3763 or toll

free in Oregon at (800) 452-7636. IF YOU ARE REPRESENTED BY AN ATTORNEY, IT IS YOUR RESPONSIBILITY TO MAINTAIN CONTACT WITH YOUR ATTORNEY AND TO KEEP YOUR ATTORNEY ADVISED OF YOUR WHEREABOUTS. (2) If you contest the petition, the court will schedule a hearing on the allegations of the petition and order you to appear personally and may schedule other hearings related to the petition and order you to appear personally. IF YOU ARE ORDERED TO APPEAR, YOU MUST APPEAR PERSONALLY IN THE COURTROOM, UNLESS THE COURT HAS GRANTED YOU AN EXCEPTION IN ADVANCE UNDER ORS 419B.918 TO APPEAR BY OTHER MEANS INCLUDING, BUT NOT LIMITED TO, TELEPHONIC OR OTHER ELECTRONIC MEANS. AN ATTORNEY MAY NOT ATTEND THE HEARING(S) IN YOUR PLACE. PETITIONER'S ATTORNEY Hilary R. Jacobson, Senior Assistant Attorney General, Department of Justice, 975 Oak St, Suite 200, Eugene, OR 97401 Phone: (541) 686-7923 ISSUED this 22nd day of December, 2017. Issued by: Anthony H. Dundon, #143116, Assistant Attorney General for Hilary R. Jacobson, #050689, Senior Assistant Attorney General

NOTICE IS HEREBY GIVEN that Paul D. Miller has been appointed and has qualified as the personal representative of the Estate of Mel Ray Miller, deceased, in Lane County Circuit Court Case No. 17PB09275. All persons having claims against the estate are hereby required to present their claims, with proper vouchers, within four months after the date of first publication of this notice, as stated below to the personal representative at 4133 Jessen Drive, Eugene, OR 97402, or the claims may be barred. All persons whose rights may be affected by the proceedings in this estate may obtain additional information from the records of the court, the personal representative, or the attorney for the personal representative. Date of first publication: December 21, 2017. PERSONAL REPRESENTATIVE: Paul D Miller, 4133 Jessen Drive, Eugene, OR 97402. ATTORNEY FOR PERSONAL REPRESENTATIVE: Jennifer Reed Klingensmith, 725 Country Club Road, Eugene, OR 97401

#### NOTICE OF SALE OF ABANDONED PROPERTY

Pursuant to ORS 90.675 Springlane Mobile Village ("Landlord") gives notice as follows: The following personal property has been abandoned by Steven Firth: One (1) 1972 Freedom, Serial #F042847F. Located at 157 12th Street, Unit 34, Springfield, OR 97477. Sale shall be by private bidding. Bids to be delivered to Springlane Mobile Village, c/o Gae Shaw at 15712th Street, Unit 85, Springfield, OR 97477, no later than January 9, 2018. You may call Gae (Manager) at 541-747-3557 to inspect the manufactured dwelling

NOTICE OF SALE OF ABANDONED PROPERTY Pursuant to ORS 90.675 Springlane Mobile Village ("Landlord") gives notice as follows: The following personal property has been abandoned by Daniel Roerink: One (1) 1964 Imperial, Serial #S324. Located at 157 12th Street, Unit 53, Springfield, OR 97477. Sale shall be by private bidding. Bids to be delivered to Springlane Mobile Village, c/o Gae Shaw at 15712th Street, Unit 85, Springfield, OR 97477, no later than January 16, 2018. You may call Gae (Manager) at 541-747-3557 to inspect the manufactured dwelling

#### STATE OF WISCONSIN, CIRCUIT COURT, WASHINGTON COUNTY, IN RE: THE MARRIAGE OF PETITIONER: KERRY ALLAN KEPHART and RESPONDENT: SANDY SHANNON KEPHART. ORDER TO APPEAR:

Case No. 17-FA-106. IT IS ORDERED: Sandy Shannon Kephart appear as follows: 1. Before Honorable Todd K. Martens 2. Location: Justice Center, 432 East Washington Street - Room 1254, West Bend, WI 53095 3. Date: February 1, 2018 Time: 10:00 a.m. or as soon as the matter may be heard. FAILURE BY THE PARTY NAMED ABOVE TO APPEAR MAY RESULT IN THE COURT ENTERING A JUDGMENT OF DIVORCE OR LEGAL SEPARATION ON ALL ISSUES IN THEIR ABSENCE. A COPY OF THIS ORDER SHALL BE PERSONALLY SERVED UPON THE ABOVE NAMED PARTY. BY THE COURT: /s/ TODD K. MARTENS, Circuit Court Judge/Circuit Court Commissioner, Todd K. Martens, 12/11/2017. Date of first publication: December 28, 2017.

STORAGE AUCTION 30th St. Self Storage, 790 30th St. Springfield, OR 97428 (541) 741-0908 Friday Jan. 5, 2018, 11:30 am, Unit(s) 53 - 5x10 - Lewis, 125 - 12x20 - Walworth, 233 - 10x20 - Leitheiser, 304 - 10x20 - Jordan, 400A - 6x10 - Woosley, 415 - 6x10 - Polf, 417 - 6x10 - Roberts

ANSWER TO LAST WEEK'S

## CouchHosting.org

### Features:

- Guest and Host sign ups for couch surfing through the FreeWorlder.com app. Focused on helping homeless people find free places to crash.
- Leads on companies that will cosign your next apartment lease with you for a fee.
- Tips on stretching your budget and how to skip paying bills without penalties if you are unemployed-underemployed. (Homelessness Prevention Section) Call or text 541-636-6269 for more info.
- Not a govt agency or 501 c 3.

## Eugene Fencers Club

Foil, Epee & Saber • Beginner & Advanced

Modern Olympic Fencing

Tuesday & Thursday

6:15pm to 8:30pm

688-6574 • [eugenefencersclub.com](http://eugenefencersclub.com) • USFA/USFCA Certified Coach

AFFORDABLE  
WILLS, TRUSTS,  
GUARDIANSHIPS,  
SS DISABILITY & SSI  
REPRESENTATION  
& LEGAL ADVICE

ALICE M. PLYMELL  
132 EAST BROADWAY | SUITE 718  
541-343-9341  
SPANISH INTERPRETER AVAILABLE

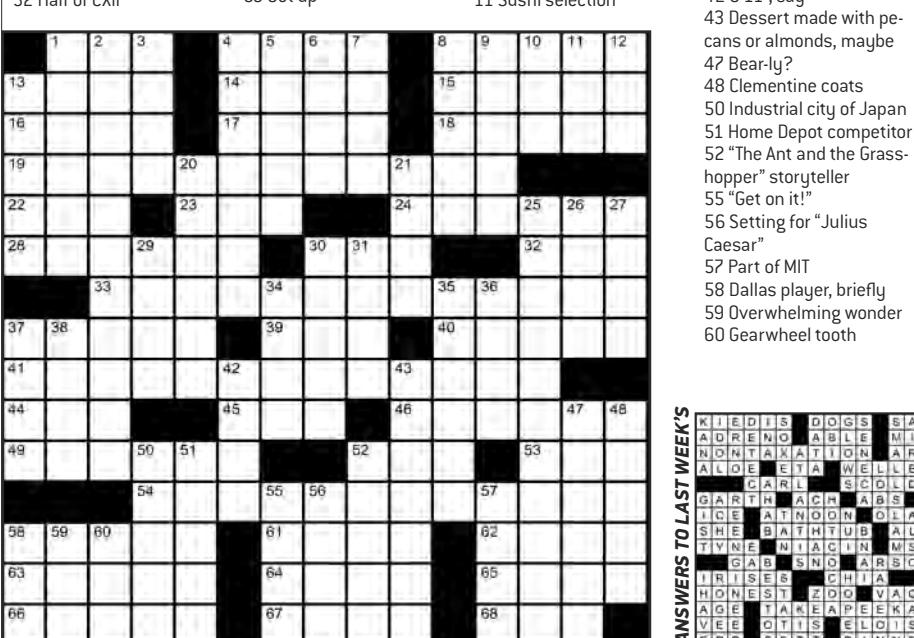
Income Tax  
Bookkeeping  
Payroll  
We will come to you!  
541.342.1040  
329 W. 13th Ave #F [accountants-on-the-go.com](http://accountants-on-the-go.com)

## JONESIN' CROSSWORD

BY MATT JONES ©2017 Jonesin' Crosswords ([editor@jonesincrosswords.com](mailto:editor@jonesincrosswords.com))

### ACROSS

1	2	3	4	5	6	7	8	9	10	11	12
13			14				15				
16			17				18				
19		20				21					
22		23			24			25	26	27	
28		29		30	31		32				
37	38		39			40					
41			42			43					
44			45			46			47	48	
49		50	51			52			53		
58	59	60		61			62				
63			64				65				
66			67				68				



# FREE WILL ASTROLOGY

BY ROB BREZSNY

**ARIES** (March 21-April 19): In 2018, your past will undergo transformation. Your memories will revise and rearrange themselves. Bygone events that seemed complete and definitive will shimmy and shift, requiring new interpretations. The stories you have always told about how you became who you are will have to be edited, perhaps even rewritten. While these overhauls may sometimes be disconcerting, they will ultimately be liberating.

**TAURUS** (April 20-May 20): In 2018, people will be drawn to you even more than usual. Some will want you to be their rock — their steady, stable source of practical truth. Some will ask you to be their tonic — their regular, restorative dose of no-nonsense. And others will find in you a creative catalyst that helps them get out of their ruts and into their grooves. And what will you receive in return for providing such a stellar service? First, there'll be many opportunities to deepen and refine your integrity. To wield that much influence means you'll have to consistently act with high-minded motivations. And secondly, Taurus, you'll get a steady supply of appreciation that will prove to be useful as well as gratifying.

**GEMINI** (May 21-June 20): Influences that oppose you will fade as 2018 unfolds. People who have been resistant and uncooperative will at least partially disengage. To expedite the diminishing effects of these influences and people, avoid struggling with them. Loosen the grip they have on your imagination. Any time they leak into your field of awareness, turn your attention instead to an influence or person that helps and supports you. Here's another idea about how to collaborate with the cosmic rhythms to reduce the conflict in your life: Eliminate any unconscious need you might have for the perversely invigorating energy provided by adversaries and bugaboos. Find positive new ways to motivate yourself.

**CANCER** (June 21-July 22): I predict that in 2018 you will figure out how to get your obsessions to consistently work for your greatest good. You will come to understand what you must do to ensure they never drag you down into manic self-sabotage. The resolute ingenuity you summon to accomplish this heroic feat will change you forever. You will be reborn into a more vibrant version of your life. Passions that in the past have drained and confused you will become efficient sources of fuel for your worthiest dreams.

**LEO** (July 23-Aug. 22): Just because you have become accustomed to a certain trouble doesn't mean you should stop searching for relief from that trouble. Just because a certain pain no longer knocks you into a demoralized daze for days at a time doesn't mean it's good for you. Now here's the good news: In 2018, you can finally track down the practical magic necessary to accomplish a thorough healing of that trouble and pain. Make this the year you find a more ultimate cure.

**VIRGO** (Aug. 23-Sept. 22): Have you ever nursed a yearning to speak Swahili or Chinese or Russian? The coming months will be an excellent time to get that project underway. Do you fantasize about trying exotic cuisines and finding new favorite foods? I invite you to act on that fantasy in 2018. Is there a form of manual labor that would be tonic for your mental and physical health? Life is giving you a go-ahead to do more of it. Is there a handicraft or ball game you'd like to become more skilled at? Get started. Is there a new trick you'd like to learn to do with your mouth or hands? Now's the time.

**LIBRA** (Sept. 23-Oct. 22): Before the fifteenth century, European nations confined their sailing to the Mediterranean Sea. The ocean was too rough for their fragile, unadaptable ships. But around 1450, the Portuguese developed a new kind of vessel, the caravel. It employed a triangular sail that enabled it to travel against the wind. Soon, exploratory missions ventured into the open sea and down along the coast of West Africa. Eventually, this new technology enabled long westward trips across the Atlantic. I propose that we make the caravel your symbol of power for 2018, Libra. According to my reading of the astrological omens, you will find or create a resource that enables you to do the metaphorical equivalent of effectively sailing into the wind.

**SCORPIO** (Oct. 23-Nov. 21): The Aztecs were originally wanderers. They kept moving from place to place, settling temporarily in areas throughout the land we now call Mexico. An old prophecy told them that they would eventually find a permanent home at a site where they saw an eagle roosting on a cactus as it clutched a snake in its talons. There came a day in the fourteenth century when members of the tribe spied this very scene on an island in the middle of a lake. That's where they began to build the city that in time was the center of their empire. I bring this to your attention, Scorpio, so it can serve as a metaphor to guide you in 2018. I suspect that you, too, will discover your future power spot — the heart of your domain for years to come.

**SAGITTARIUS** (Nov. 22-Dec. 21): Not every minute of every day, but when you have had the time, you've been searching for a certain treasure. With patience and persistence, you have narrowed down its whereabouts by collecting clues and following your intuition. Now, at last, you know its exact location. As you arrive, ready to claim it, you tremble with anticipation. But when you peel away the secrets in which it has been wrapped, you see that it's not exactly what you expected. Your first response is disappointment. Nevertheless, you decide to abide in the presence of the confusing blessing and see what happens. Slowly, incrementally, you become aware of a new possibility: that you're not quite ready to understand and use the treasure; that you'll have to grow new capacities before you'll be ready for it in its fullness.

**CAPRICORN** (Dec. 22-Jan. 19): Soulful beauty will be a major theme for you in 2018. Or at least it should be. But I suppose it's possible you're not very interested in soulful beauty, perhaps even bored by it. Maybe you prefer skin-deep beauty or expensive beauty or glamorous beauty. If you choose to follow predilections like those, you'll lose out on tremendous opportunities to grow wilder and wiser. But let's hope you make yourself available for a deeper, more provocative kind of beauty — a beauty that you could become more skilled at detecting as the year unfolds.

**AQUARIUS** (Jan. 20-Feb. 18): "Let your freak flag fly" was an expression that arose from the hippie culture of the 1960s and 1970s. It was a colorful way to say, "Be your most unique and eccentric self; show off your idiosyncrasies with uninhibited pride." I propose that we revive it for your use in 2018. I suspect the coming months will be a favorable time for you to cultivate your quirks and trust your unusual impulses. You should give yourself maximum freedom to explore pioneering ideas and maverick inclinations. Paradoxically, doing so will lead to stabilizing and enduring improvements in your life.

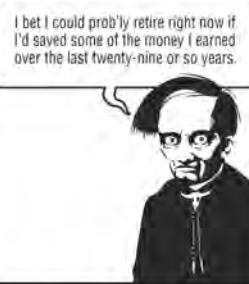
**PISCES** (Feb. 19-March 20): In accordance with the astrological omens, I suggest you start compiling a list entitled, "People, Places, Ideas and Things I Didn't Realize Until Now That I Could Fall in Love With." And then keep adding more and more items to this tally during the next ten months. To get the project underway in the proper spirit, you should wander freely and explore jauntily, giving yourself permission to instigate interesting mischief and brush up against deluxe temptations. For best results, open your heart and your eyes as wide as you can. One further clue: Act on the assumption that in 2018 you will be receptive to inspirational influences and life-transforming teachings that you have never before been aware of.

**HOMEWORK:** I'd love to see your top five New Year's resolutions. Share by going to [RealAstrology.com](http://RealAstrology.com) and clicking on "Email Rob."

## RED MEAT

rainbow-flecked mandrill mulch

from the secret files of  
Max Cannon



## O I Saw You

IT'S FREE TO PLACE AN I SAW YOU! EMAIL: [ISAWYOU@EUGENEWEEKLY.COM](mailto:ISAWYOU@EUGENEWEEKLY.COM)

## SUDOKU

[SUDOKUPLACE.COM](http://SUDOKUPLACE.COM) ALL RIGHTS RESERVED.

	6		9		4
8	7		6		
	5	4	7	8	3
7	4				
	8		5		
5	6	7	8	1	
	3		9	7	
4	2		7		

Place numbers 1-9 so that each row, column and 3x3 square has each number only once. There is only one solution. Good Luck! Stumped? Visit [www.sudokuplace.com](http://www.sudokuplace.com) for a puzzle solver.

### I SAW YOU

**AWKWARD? WHAT DOES THAT MEAN?**  
It means that the Situation is Fed up  
Not Yu; I Love Yu just the way Yu arr  
But my Faith is Awkward, so...  
Don't Stop Believing, just hold on  
To that Feeling; #WRD is Bong

**COVERED IN RAINBOWS**  
fine feathered friends perched above  
love that Chicken Bus

**I SAW YOU,**  
Spreading kindness and love.  
**I SAW YOU,**  
Celebrating the wonders of life.  
**I SAW YOU,**  
Putting good back out into the world.  
**I SAW YOU,**  
Starting 2018 off right.

**WHEN YU SMILE**  
The whole world stops and  
Stares for a while  
Because You're Amazing  
Just the Way you Are  
Perfect

**TO THE HUCKLEBERRY OF MY EYE**  
I saw you and I in a dream i miss you  
beyond words and I know I haven't been to  
see you much but you haven't been to see  
me at all I sit watching for you looking in  
the distance for your walk listening for  
your song longing for your touch o to stop  
the world and melt with you again maby I  
should just give up do you even care? I  
need to know contact me. Love forever  
your beadqueen

  
**Uninsured?  
WE CAN HELP!**  
You or a family member may qualify for the  
Oregon Health Plan (OHP)  
A family of four earning up to \$2,795 a month may  
qualify for adult coverage. Children in a family of four  
earning up to \$6,075 a month may qualify for Healthy Kids  
For FREE OHP application assistance,  
call 541-543-5484

Planned Parenthood  
Care. No matter what.

Oregon Health Authority

**S.A.R.A.'s**  
**Shelter Animal Resource Alliance**  
**Rescued Cat of the Week**  
  
**Honey Crisp & Pippin**  
Honey Crisp & Pippin are 8 & 7 month old bonded siblings looking to go home with the perfect family as a PAIR. Honey Crisp is a little shy at first, but is a huge treat fan, and will warm right up after offering her some love and attention. Pippin is a little goofball who loves to play, snuggle, and pal around. These two love bugs are absolutely enamored by each other, and spend as much time as possible cuddling and soaking in the sun together. Swing by to meet this adorable duo today at S.A.R.A.'s Treasures, open 10-6pm daily!

**S.A.R.A.'s Treasures**  
Gift and Thrift Shop  
volunteer • donate • shop • adopt  
871 River Road • 607-8892 • Open Everyday 10-6  
[www.sarastreasures.org](http://www.sarastreasures.org)

  
**PET OF THE WEEK!**  
Everybody deserves a good home  
541-689-1503  
[www.green-hill.org](http://www.green-hill.org)  
88530 Green Hill Rd  
  
Is your New Year's Resolution to  
get more exercise? Have more  
fun? Snuggle more often? Then  
we have just the girl for you!  
Meet Maya! She's active, fun  
loving, and an extreme snuggle-  
bug. Currently in foster care, her  
foster mom says, "Of the dogs that we have taken care  
of, she can jump the highest and can run for the longest  
(and the fastest). Her ball catching skills are amazing."  
Maya is a big fan of people and makes friends wherever  
she goes. She prefers to be the only furry family member  
in her new home, but play dates with other dogs could  
be fun with slow introductions. Interested in Maya? Call  
the Greenhill kennel to set up a meeting!

Hours: Fri-Tu 11am-6pm • Closed Wednesday & Thursday

**WIGGLY TAILS DOG RESCUE**  
Helping abandoned and surrendered dogs find their forever homes  
  
Oliver is a 1-2 yr. old  
Terrier mix, 10-12 lbs.  
This adorable little man  
was recently neutered  
and has finally begun  
to settle down. He is a  
lovable lap dog who is  
equally independent.  
He would prefer to not  
be in a crate because  
it seems to cause him  
some anxiety and he  
barks. Don't let that shy you away. This young fella is past  
his puppy stage and he's not destructive. He is doing well  
with house training and will need a continued schedule to  
be successful. He is great with most other dogs but can be  
dominant with some males. He is excellent with cats; he  
sleeps in a pile of them every night. Untested with young  
children. His easy going demeanor tells me he won't have  
issues. He walks well on a leash and loves car rides.  
[www.facebook.com/WigglyTailsDogRescue](http://www.facebook.com/WigglyTailsDogRescue)

**GO TO REALASTROLOGY.COM**

CHECK OUT EXPANDED WEEKLY AUDIO HOROSCOPES AND DAILY TEXT MESSAGE HOROSCOPES.

Medical Marijuana Certification  
OMMP PATIENTS  
with qualifying conditions.  
Must have recent records  
RONI-formerly of  
COMPASSION CENTER  
Call 541-729-3913  
Dr Holland provider



bazar bazar®  
**KRATOM**  
**10% OFF**  
1 OZ. OR MORE • WITH THIS COUPON  
57 W. BROADWAY 541-687-0139

**WE ARE**  
expert, confidential  
care for everyone.



- Birth control & Vasectomies
- STI testing & treatment
- Emergency contraception

Now accepting most types of insurance!

Planned  
Parenthood®  
Care. No matter what.

MAKE AN APPOINTMENT  
Ppsworegon.org  
541-344-9411

whitefeather  
tattoo  
collective  
541-255-2734  
245 VAN BUREN | EUGENE



NEW  
JIMMY  
JANE  
TOYS

**SCREAMING O**  
*Valentine Kits*  
**NEW SHOE STYLES**  
**25% OFF PHEROMONE COLOGNE**



**Adult Shop**

290 River Rd | 86784 Franklin Blvd | 720 Garfield  
f t e-adultshop.com - 541.636.3203



If you want to stop drinking  
Alcoholics Anonymous can help

EVI by phone 24 hours: 541-342-4113

[www.eviaa.org](http://www.eviaa.org) | [www.aa.org](http://www.aa.org)

Ad Council

WHEN YOU SEE  
BULLYING,  
USE THIS  
EMOJI  
TO DO SOMETHING  
ABOUT IT.

I AM A WITNESS  
IWitnessBullying.org

**SAVAGE LOVE**



**RUNNERS**  
BY DAN SAVAGE

I married my high-school sweetheart at 17, had a baby, together a few years, mental illness and subsequent infidelity led to things ending. My ex-husband remarried, divorced again, and is now in another LTR. I'm in a LTR for a decade with my current partner (CP), we have a few kids, and I'm so in love with him, it terrifies me. My ex frequently makes sexual remarks to me, low-key flirts. I feel an animal attraction in the moment. Whatever. I don't want to be with him, my relationship with CP is solid AF, and I get amazing fucking at home from a man far more skilled. CP knows about ex-husband's remarks and one actual physical advance. CP has offered to talk to my ex. I told him nah, I'll deal with it and make it stop. I talked to my ex-husband today, and he said: "I'm sorry, it's just teasing, I won't make an actual move ever again, but you're the only woman I ever just look at and get immediately hard for, and it's only a few more years before our kid is fully grown and we don't see each other anymore. So humor me because you know we both enjoy it." And it's true that I do enjoy it. But how harmful is it to engage in flirty banter without any touching, nudity, or worse? I hate having secrets, as I feel they are barriers to intimacy, but I'm a thirtysomething mom and it is so fucking unbearably sexy to be made to feel so desirable even after all that shit between us and it'll never, ever happen because hell no am I sleeping with my ex-hubby, but knowing this man will never get a whiff of my pussy again but can't help but beg for it with his eyes gives me a sense of power like I've never fucking felt before, but even so I don't want to be a terrible person for hiding this from my CP because I don't like having secrets from him but this is just one that turns me on to no end but I should nip this in the bud and put a stop to it yesterday because it's wrong, right?

*Secret Longings Utterly Titillating*

I love a good run-on sentence—grammar fetishists are going to get off on diagramming that doozy you closed with—so I'm going to give it a shot, too: I don't see the harm in enjoying your ex-husband's flirtations so long as you're certain you'll never, ever take him up on his standing offer, but you are playing with fire here, SLUT, so pull on a pair of asbestos panties when you know you'll be seeing your ex-hubby, and I don't think you should feel bad about this secret because while honesty is great generally and while the keeping of secrets is frowned upon by advice professionals reflexively, SLUT, a little mystery, a little distance, a little erotic autonomy keeps our sex lives with long-term partners hot—even monogamous relationships—so instead of seeing this secret as a barrier to intimacy, SLUT, remind yourself that the erotic charge you get from your ex-hubby—the way he makes you feel desirable—benefits your CP, because he's the one who will be getting a big, fat whiff of your pussy when you get home and there's nothing wrong with that, right?

I've been with my girlfriend "J" for two years. Her best friend "M" is a gay man she's known since high school. M and I have hung out many times. He seems cool, but lately I've been wondering if he and J are fucking behind my back. For starters, J and I rarely have sex anymore. Even a kiss on the cheek happens less than once a week. Meanwhile, J's Facebook feed has pictures of M grabbing her tits outside of a gay club in front of her sister. She told me he's spent the night in her room, even though he lives only a few miles away. I've also recently found out that although M has a strong preference for men, he considers himself bisexual. I understand that everyone loves tits, even if they're not turned on by them, and gay men can sleep with a girl and actually just... sleep. I also know that her antidepressants can kill sex drive. All three things at once feel like more than just coincidence, though. At the very least, the PDAs seem disrespectful. At worst, I'm a blind fool who's been replaced. Am I insecure or is there something to these worries?

*You Pick The Acronym I Gotta Get To Work*

Your girlfriend's best friend isn't gay, YPTAIGGTW, he's bisexual—so, yeah, it's entirely possible M is fucking your girlfriend, since fucking girls is something bisexual guys do and, according to one study, they're better at it. (Australian women who had been with both bi and straight guys ranked their bi male partners as more attentive lovers, more emotionally available, and better dads, according to the results of a study published in 2016.) But while we can't know for sure whether M is fucking J, YPTAIGGTW, we do know who she isn't fucking: *you*. If the sex is rare and a kiss—on the cheek—is a once-a-week occurrence, it's time to pull the plug. Yes, antidepressants can be a libido killer. They can also be a dodge. If your girlfriend doesn't regard the lack of sex as a problem and isn't working on a fix—if she's prioritizing partying with her bisexual bestie over talking to her doc and adjusting her meds, if she hasn't offered you some sort of accommodation/outlet/work-around for the lack of sex—trust your gut and get out.

I'm a recently divorced woman with a high libido. Now that I'm single, I've come out as a kinkster. I quickly met someone who swept me off my feet—smart, funny, sexy, proudly pervy, and experienced in the BDSM scene—and soon he declared himself as my Dom and I assumed the sub role. This was hot as hell at first. I loved taking his orders, knowing how much my subservience pleased him, and surprising myself with just how much pain and humiliation I could take. However, his fantasies quickly took a darker turn. When I say I'm uncomfortable with the extremely transgressive territory he wants to explore, he says, "I'm your master and you take my orders." I think this is shitty form—the bottom should always set the limits. When we're in play, he says that I chose him as my top precisely because I wanted to see how far I could go and that it's his job to push me out of my comfort zone. I think he's twisting my words. Arguing over limits mid-scene makes us both frustrated and angry. I'm not in any physical danger, but his requests (if carried out) could ruin some of my existing relationships. Did I blow it by not giving him a list of my hard limits in advance of becoming his sub? Or is he just a shitty, inconsiderate top trying to take advantage of a novice? After play, he checks in to see if I'm okay, which on the surface looks like great form—aftercare and all—but this also feels manipulative. How can I pull things back to where I'm comfortable? Do I run from the scene—or just this guy?

*Tired Of Overreaching From A Shitty Top*

A top who reopens negotiations about limits and what's on the BDSM menu during a scene—a time when the sub will feel tremendous pressure to, well, submit—is not a top you can trust. The same goes for a top who makes demands that, if obeyed, could ruin their sub's relationships with family, friends, other partners, etc. Run from this guy, TOOFAST, but not from the scene. There are better tops out there. Go find one.

Listen to the *Savage Lovecast* every week at [savagecast.com](http://savagecast.com).

MAIL@SAVAGELOVE.NET • @FAKEDANSAVAGE • THE SAVAGE LOVECAST AT SAVAGELOVECAST.COM

LOCALLY OWNED

AND OPERATED



RING IN  
**2018**

**WITH \$79 OUNCES THROUGH MONDAY, 1/8**

OF SELECT FLOWER AT BOTH EUGREEN LOCATIONS!

while supplies last

**FIND YOUR NEW YEAR FAVORITES TODAY! | STUDENTS, SAVE 10% WITH ID!**

**MAKE EUGREEN YOUR HOME IN OREGON FOR**

**- \$50 -**

**ELITE SELECT AND PRIVATE STASH BY GOLDEN PENTOPS**



**AND \$20 GRAMS OF SHATTER**

**\* ONLY AT EUGREEN HEALTH CENTER \***

**GO DUCKS!**

**WEST EUGENE**  
1000 OBIE ST  
EUGENE, OR  
TEL: 541-505-7275

**DOWNTOWN**  
1111 WILLAMETTE ST  
EUGENE, OR  
TEL: 458-205-8056

**GO DUCKS!**

Do not operate a vehicle or machinery under the influence of this drug. For use by adults twenty one years of age and older.  
Keep out of the reach of children.